

KEEPING IT CENTERED

Culturally Appropriate Services at the Centered Spirit Program



In the United States there are over 500 different Native American, American Indian and Alaska Native cultures. Native nations residing in the United States have been able to successfully lobby the United States government to return control of mental health services to themselves including the ability of tribal governments to create culturally specific programs for their respective nations.

Yaqui people lobbied successfully for federal recognition in order to obtain funding for services they recognized they needed. This resulted in the formation of the Pascua Yaqui Tribal government we have today and in the formation of today's Centered Spirit Program.

The Centered Spirit Program strives to provide Yoeme centered services to the Yaqui people living in communities of New and Old Pascua, Marana, Barrio Libre, Guadalupe, Scottsdale. Centered Spirit is guided by Wraparound Principles and Values posted through-out our buildings which include that we will be:

Inside this issue:

Member Handbook & AHCCCS Information	2
Culturally Appropriate Services Cont.	3
Family Night	
Provider Advocacy & Training Schedule	4
New Staff	5
CSP Groups	6
Upcoming Events	7
Contact Information	8

Community based:

Individualized:

Strengths based:

Culturally competent:

Partners with Family:

Team driven:

Balance of Professional & Natural Supports:

Unconditional care:

Collaboration:

Outcomes measured:

Voice & Choice:

Compassion:

Integration:

Flexibility:

Safety, success &

Permanency in the home:

Wraparound Principles

Looking to the community for solutions

Flexible to individual needs.

Focus on family strengths

Identifying family's culture

We work with the family's needs, not our goals.

Solutions are built with all concerned in mind.

We strive for 51% natural support balanced with Professional support

Our staff doesn't give up on individuals seeking services. If something doesn't work we try something different.

We work with individuals to find a solution.

We learn from what occurred in the past and

We have a vision for tomorrow and the future.

Wraparound Values

Individuals and families have a voice and can choose and adapt their Plan of Care/Treatment Plan.

Service providers/Staff work together with families in a Caring spirit.

Services from different departments and agencies work Together for the good of the family.

If something doesn't work it can be changed.

We always keep your safety in mind.

Member Handbook



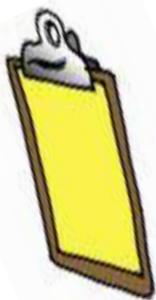
The PY TRBHA Centered Spirit Program Member Handbook has been updated.

CSP will provide copies for its providers, subcontracted providers and the CSP Members.

The member handbook will soon be available on the Internet. We will keep you informed.

AHCCCS HEALTH INSURANCE

Are you AHCCCS Eligible?



What does it cover?

Depending on the program, AHCCCS Health Insurance may cover;

- Doctor's Visits
- Specialist Care
- Transportation to Doctor
- Hospital Services
- Emergency Care
- Pregnancy Care
- Podiatry Services
- Surgery
- Immunizations
- Physical Exams
- **BEHAVIORAL HEALTH**
- Family Planning
- Lab & X-rays
- Prescriptions
- Dialysis
- Eye Exams & Glasses
- Dental Services
- Hearing Aids & Exams

What is AHCCCS Health Insurance?

AHCCCS Health Insurance was established by the State of Arizona to provide Health Care to Arizona residents.

AHCCCS DRIVE October
12th & 26th @ Health
Department Lobby



How do I get AHCCCS Health Insurance?

You may be able to get AHCCCS Health Insurance by contacting the CSP Office so that we may assist you with completing and

Culturally Appropriate Services at the Centered Spirit Program

Any time during your visit to the Centered Spirit Program you are always welcome to request services that you feel are appropriate to you. We can modify this whether you are referred by court order or by child protective services. Services are provided free of charge to tribal members and their families.

The Centered Spirit Program strives to provide culturally appropriate services because Yaqui people have worked hard to receive these services. We continue to keep all staff updated on the latest information available and most importantly we strive to keep in touch with the community to provide Yaqui appropriate services.

July 17, 2007

“Alcohol & the Affects on Diabetes”

Presented by: Joe Henry, LISAC

Past Months Topics

August 21, 2007

“What is my Genogram”

Presented by: Veronica S. Martinez & Ana Pallanes



September 28, 2007

“Less Stress for the Holidays”

Presented by: Patsy Triana

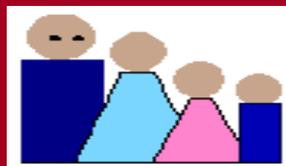
Please Join Us

For Family Night every 2nd Tuesday of the Month @ 5:30 pm in the Health Dept. Lg. Conference Room

October 9th, 2007

November 13th, 2007

December 11th, 2007



**F
A
M
I
L
Y

N
I
G
H
T**

**FOR MORE INFORMATION
PLEASE CONTACT
SYLVIA TELLO (520)
879-5691**

Did you know ?

Provider Advocacy

The PY TRBHA Centered Spirit Program encourages its Providers and sub-contracted Providers to advise or advocate on behalf of the behavioral health recipient for the following;

- Behavioral Health Recipient's health status, medical care or treatment options, including any alternative treatment that may be self-administered.
- Information the Behavioral Health Recipient needs to decide among treatment options.
- Risks, benefits and consequences of treatment or non-treatment
- Behavioral Health Recipient's right to participate in treatment decisions regarding his or her behavioral health care, including the right to refuse treatment.

Training Schedule

CSP Training Calendar: October 2007 to December 2007

Depression Recovery,

Presenter: Russell Johnson, Time: Oct. 11th, 12:00 pm to 1:00 pm, Location: Health Dept. Dental Conference Room

Health and Safety Review,

Presenter: Feliciano Cruz, Jr., Time: Oct. 17th or 18th, 11:00 am to 12:00 pm., Location: CSP Large Conference Room.

Prior Authorization Process,

Presenter: Linda Cram, Time: Oct. 24th, 11:00 am to 12:00 pm, Location: CSP Large Conference Room

Clinical Supervision Training,

Teleconference,

Time: Oct. 26th, Nov. 2nd, and Nov. 9th,

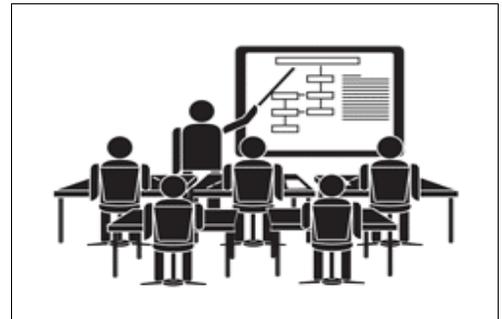
7:00 am to 12:00 pm, Location: CSP Large Conference Room

Mandatory Reporting to CPS and APS,

Presenter: Gabriel Lopez and Social Services Staff, Time: Nov. 7th or 8th, 10:00 am to 12:00 pm, Location: CSP Large Conference Room

Psycho-diagnosis,

Presenter: Dr. Sharon Meglathery, Time: Dec. 12th, 10:00 am to 12:00 pm, Location: CSP Large Conference Room



For More Information
Please contact

Russ Johnson
Training Coordinator
(520) 879-6060

CSP WELCOMES NEW STAFF



Natalia Cachora
Yoeme Kari
Residential Counselor
Aide



Alan Shenmen
Substance Abuse Therapist



Russell Johnson
Training Coordinator



Jim Myklebust
Child/Family Substance Abuse
In-School Counselor



Rosa Soto
Walking In Balance Family
Violence Outreach Worker



Yolanda Garcia
Adult Case Manager



Maxine Chavez
Yoeme Kari Residential
Counselor Aide



Joe Henry
Transitional Treatment Program
Coordinator



Jessica Schaefer
PATH Program
Residential Counselor
Aide

Program Groups

Centered Spirit Modular

7490 S. Camino De Oeste

Monday

1pm to 2 pm Anger Mgmt

3pm to 4:30pm Depression Recovery

4:30pm to 5:30pm Adolescent Intense

5:30pm to 7:30pm Parenting Class

Tuesday

3pm to 5pm Cancer Support 3rd Tuesday of Month

5:30pm to 7:30pm Substance Abuse Therapy & Education

4pm to 5pm Adolescent Girls Group

Wednesday

10:30am to 1pm Healing Group

3:30pm to 5pm Art Group

4pm to 5:30pm Teen Group

5:30pm to 7:30pm Methadone Track

Thursday

2:30pm to 4:00pm Walking in Sobriety

Old Pascua

Monday

3:30pm to 5:30pm Art Expression

5:30pm to 7pm Methadone Group

Thursday

Open to the community

3:30pm to 5:30pm

Vahcom House

7426 S. Camino Vahcom

Monday

8:30am to 9:30am Acu-Detox

10:30am to 11:30am Recovery Group

Tuesday

7:30am to 11:30am Aavo Keteme Youth Life Skills

10:30am to 12:00pm Mujeres Adelantes

2:30pm to 4:30pm Hiapsi Kuate Women's DV

5:30pm to 7:30pm Hiapsi Kuate Men's DV

Wednesday

8:30am to 9:30am Acu-Detox

10am to 12pm Recovery Group

1pm to 3pm Life Skills

2:30pm to 4:30pm Hiapsi Kuate Women's DV

5pm to 7pm DUI Level II Educational

7pm to 11:30pm Sweat Lodge

Thursday

3pm to 5pm Hiapsi Kuate Men's DV

Friday

7:30am to 8:30 am Aavo Keteme Youth Life



For more information on CSP Groups
please contact (520) 879-6060

FAMILY NIGHT

OCTOBER 9TH @ 5:30PM

“ Intimacy & Addiction”

Signs of Trouble

Health Dept. Lg. Conf. Room



National Depression Screening Day, October 11th, @ the Dental Conference Room from 9am to 4pm

DOMESTIC VIOLENCE AWARENESS DAY “ THE GOOD, THE BAD, AND THE UGLY”



OCTOBER 18TH, 2007

4PM—8:30PM

VICTOR FLORES GYM

4821 W. Calle Vicam

Sponsored by the Hiapsi Kuate Program

For more information call

(520) 879-5770

COMING EVENTS

RED RIBBON WEEK

“LOOK AT ME, I'M DRUG FREE”

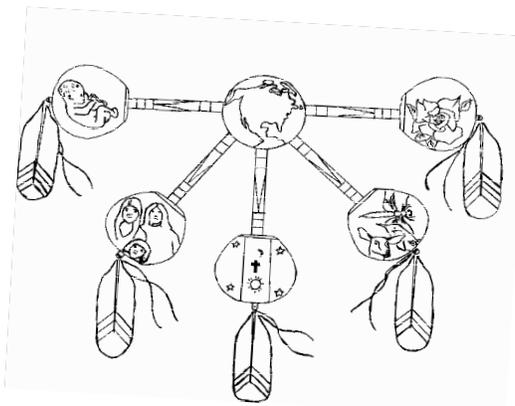
“UNITED ONE PERSON AT A TIME FOR A DRUG-FREE LIFE”



AHCCCS DRIVE

October 12th, 2007
& October 26th, 2007
@ Health Department
Lobby

Centered Spirit Programs



Tucson Area

7490 S. Camino de Oeste
Tucson, AZ. 85757
Phone (520) 879-6060
Fax (520) 879-6099

Guadalupe Area

9405 S. Avenida del Yaqui
Guadalupe, AZ. 85283
Phone (480) 768-2021
Fax (480) 768-2053

Walking In Balance

4730 W. Tetakusim
Tucson, AZ. 85757
Phone (520) 879-5777
Fax (520) 879-5778

Walking In Balance Guadalupe Area

9405 S. Avenida del
Yaqui
Guadalupe, AZ. 85283
Phone (480) 768-2021

Vahcom House

7426 S. Camino
Vahcom
Tucson, AZ. 85757
Phone (520) 879-
5691
Fax (520) 879-5696

New Beginnings Clinic

7474 S. Camino de Oeste
Tucson, AZ. 85757
Phone (520) 879-6616
Fax (520) 879-6017

Path Program

7402 S. Camino
Vahcom
Tucson, AZ. 85757
Phone (520) 879-5855

Transitional Treatment Program

7409 S. Camino Cocoim
Tucson, AZ. 85757
Phone (520) 879-5664

Prevention Program

7409 S. Camino Cocoim
Tucson, AZ. 85757
Phone (520) 879-5858

Yoeme Kari Group Home

2861 W. Via Hacienda
Tucson, AZ. 85741
Phone (520) 297-6414

Hiapsi Kuate

7426 S. Camino Vahcom
Tucson, AZ. 85757
Phone (520) 879-5770

“ It is the mission of the Pascua Yaqui Tribe Centered Spirit Program to provide professional, confidential, and culturally compatible behavioral health services to the Pascua Yaqui Tribal member and their families, and to promote healing, personal growth, and healthy living for the individual, the family, and the community “