

KEEPING IT CENTERED

Introducing

The Sewa Uusim Program



Inside this issue:

Sewa Uusim Systems of Care: Our Hope, Our Light, Our Future

Sewa Uusim Systems of Care, a service under Centered Spirit, is an upcoming program for both Tucson and Guadalupe communities that will assist youth and their families in facing their life challenges. Sewa Uusim is a partnership made up of service providers (traditional and non-traditional), families, community members, simply people that care about your child; that come together to provide the guidance your family may need to transition to good balance. Together, your team develops an individualized care plan that builds on the unique strengths of each child and each family. This customized care plan is developed around the principles of being youth-guided, family-driven, strength-based, community based, and embraces the family's culture and language.

Sewa Uusim's Care Team will introduce families to the **wraparound approach**. The wrap-around process is a commitment to bring together the services **you** choose to create a care team that provides care, support, and respect of your family's values, preferences, strengths, and culture. Youth and their families have the right to advocate and participate in all levels of planning, creating a care plan unique to their family. Youth and families' voices are heard, understanding that the sense of belonging is essential, and therefore empowering them to take steps towards reaching a good balance.

Sewa Uusim is a program that includes a mixture of youth and family's chosen formal supports (like counseling) and natural supports (like your best friend, elder, healer, neighbor). Participating youth and families work with a team that focuses on their strengths, builds upon what works for them, and includes the cultural aspects of each youth and their families (religious ceremonies, native language, and customs). Sewa Uusim promotes the belief that youth are "Our Hope, Our Light, Our Future", so their well-being is **Pascua Yaqui's community** priority.

Tucson Sewa Uusim's Team:

Roxanna Gonzalez Project Director

Gloria Zazueta, Administrative Assistant

Ramona Valles, Associate Evaluator

Michael Orta, Clinical Wraparound Supervisor

Amanda Esparza, Youth Coordinator

Anna Tarazon, Technical Assistance Coordinator

Patricio Riesgo, Care Specialist

Winifred Jim, Care Specialist

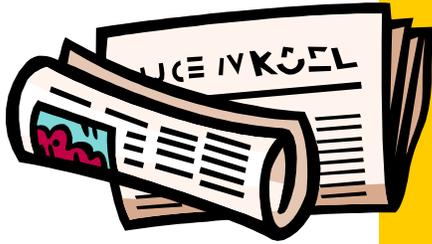
Lorena Redondo, Care Advocate

Marina Sanchez, Care Advocate

Carmen Soto, Care Advocate

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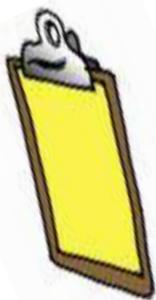
Member Handbook



The PY TRBHA Centered Spirit Program Member Handbook has been updated. CSP will provide copies for its providers, subcontracted providers and the CSP Members. The member handbook will soon be available on the Internet. We will keep you informed.

AHCCCS HEALTH INSURANCE

Are you AHCCCS Eligible?



What does it cover?

Depending on the program, AHCCCS Health Insurance may cover;

- Doctor's Visits
- Specialist Care
- Transportation to Doctor
- Hospital Services
- Emergency Care
- Pregnancy Care
- Podiatry Services
- Surgery
- Immunizations
- Physical Exams
- **BEHAVIORAL HEALTH**
- Family Planning
- Lab & X-rays
- Prescriptions
- Dialysis
- Eye Exams & Glasses
- Dental Services
- Hearing Aids & Exams

What is AHCCCS Health Insurance?

AHCCCS Health Insurance was established by the State of Arizona to provide Health Care to Arizona residents.

AHCCCS DRIVES Held Monthly @ Health Department Lobby. LOOK OUT FOR FLYERS!!!



How do I get AHCCCS Health Insurance?

You may be able to get AHCCCS Health Insurance by contacting the CSP Office so that we may assist you with completing an AHCCCS application.

Introducing SEWA UUSIM (CON”T)

The Sewa Uusim Systems of Care Program offers services that include but are not limited

to:

- Intake, Assessments, and Screenings
- Intensive Case Management
- Crisis Intervention
- Youth and family support groups
- Mentor programs
- Advisory groups (Tucson and Guadalupe)
- Support services include local and outside agencies and natural supports

Referrals to other services as applicable

Main Tucson Office
4960 W. Val Sevoi
Phone (520) 879-6140

Guadalupe (480) 768-2000



Sewa Uusim Systems of Care Program is excited to announce the grand opening on

Upcoming Family Nights

Please Join Us

April 15th, 2008
“ Crystal Darkness” Methamphetamine
At the Warehouse Large Conference Room
4781 W. Calle Torim

May 13th, 2008
“Advance Directives”
Presented by: Smith Michael

June 10th, 2008
Topic TBA



FAMILY NIGHT



FOR MORE INFORMATION PLEASE CONTACT SYLVIA TELLO (520) 879-5691

CSP WELCOMES NEW STAFF



Gina McWhorter
CSP Adult Therapist



Randy Fabian
Men's PATH
Residential Counselor



Louie Lee
CSP Intensive In-home



Alex Alvarez
CSP Adult Team Manager



Eileen Moloney
Men's PATH
Residential Therapist



Tom Amaya
Guadalupe Family Therapist

Program Groups

Centered Spirit Modular

7490 S. Camino De Oeste

Monday

1pm to 2 pm Empowerment Group
 3pm to 4:30pm Depression Recovery
 4:30pm to 5:30pm Adolescent Intense (Referral only)
 5:30pm to 7pm Awareness Group

Tuesday

5:30pm to 7:30pm Substance Abuse Group

Wednesday

10:30am to 1pm Healing Group (Referral)
 3pm to 4pm Art Group ages 7-11
 4pm to 5:00pm Teen Group
 5:30pm to 7:30pm Medically Assisted TX Group
 5:30pm to 7pm 7th Generation Parenting Group

Thursday

5:30pm to 7:30pm Methadone Group

Vahcom House

7426 S. Camino Vahcom

Monday

10:30am to 11:30am Recovery Group

Tuesday

7:30am to 8:30am Aavo Keteme Youth Life Skills
 10:30am to 12:00pm Mujeres Adelantes
 2:30pm to 4:30pm Hiapsi Kuate Women's DV
 5:30pm to 7:30pm Hiapsi Kuate Men's DV

Wednesday

10:30am to 12pm Recovery Group
 1pm to 3pm Life Skills
 2:30pm to 4:30pm Hiapsi Kuate Women's DV
 5pm to 7pm DUI Level II Educational
 7pm to 11:30pm Sweat Lodge

Thursday

3pm to 5pm Hiapsi Kuate Men's DV

Friday

7:30am to 8:30 am Aavo Keteme Youth Life Skills
 10:30am to 12:30pm Recovery Group
 8:30am to 9:30am Acu-Detox
 10:30am to 12:30pm Recovery Group

Old Pascua

Monday

5:30pm to 7pm Awareness Group

Thursday

Art Expression Group
 Open to the community
 3:30pm to 5:30pm
 Old Pascua Neighborhood Center

Dental Conference Room
Tuesday & Friday 6am to 7am
Chemical Addiction Group
Wednesday 6pm to 7pm AA/NA
Meetings

Health Large Conference Room
 Third (3rd) Tuesday of month Cancer Support
 From 3pm to 4:30pm
 First Week of each month Diabetes Support
 Group 4pm to 5pm (Gavino Molina)



For more information on CSP Groups
 please contact (520) 879-6060



**7th Generation
Classes**

Based on the belief that all decisions impact generations to come, on children and communities yet to be born.
Wednesday's 5:30—7:30 p.m.
Centered Spirit Family Room
For More Information Call 879-6060
Ask for Barbara Chana

**CENTERED SPIRIT PREVENTION
COALITION MEETINGS**
For more information call
Richard Flores @ (520) 879-5662

*In Memoriam of Our Loved Ones
Who Have Passed on Due to Crime*

*Friday April
18, 2008*

*5:30pm
- 7:30pm*

*Candle Light Vigil & Remembrance Walk
Starting at Health Dept
(Candles Provided)*

*For More Information Contact:
Eliza V. Valenzuela, Outreach Worker*

520/879/5763

Sponsored by
Pascua Yaqui Tribe
Walking in Balance Victim Services
4730 W. Calle Tetakusim Tucson, AZ 85757

Route will be Camino De Oeste;
to Calle Torim; to Camino
Benem; to Calle Vicam; to Calle
Potam; to Calle Tetakusim; back
to the Health Dept.



Acrobat Document

STREVE GZ-MOCC

AHCCCS DRIVES

Keep a look out for upcoming
AHCCCS Drives held each Month
at the Health Dept Lobby



Centered Spirit Events



Town Hall Meeting
March 18, 2008



The PYT Centered Spirit Program Hosted a
 Children's Providers & Partners Workshop
 On March 28th, in the Warehouse Lg. Conference Room
 From 9am to 3pm
 Trainer; Kurt Reick

Part of the *Meet Me Where I Am* campaign focused on the opportunities & challenges in supporting children with complex needs. We invited all service providers, TRBHA staff, stakeholders, community agencies, and Community Members

Topics discussed were:

- Child & Family Team-Based Referrals
- Determining Needs vs. Offering Services
- Accurate & Measurable Service Planning
- Delivering Support & Rehabilitation (Direct) Services
- Positive Behavioral Support through Direct Service
- Creating Community Partnerships & Sustainable (Natural) Support



AHECCS DRIVES HELD

- January 11th, 2008
- February 8th & 22nd, 2008
- March 14th & 28th



Did you know ?

Provider Advocacy

The PY TRBHA Centered Spirit Program encourages its Providers and sub-contracted Providers to advise or advocate on behalf of the behavioral health recipient for the following;

- Behavioral Health Recipient's health status, medical care or treatment options, including any alternative treatment that may be self-administered.
- Information the Behavioral Health Recipient needs to decide among treatment options.
- Risks, benefits and consequences of treatment or non-treatment
- Behavioral Health Recipient's right to participate in treatment decisions regarding his or her behavioral health care, including the right to refuse treatment.

Training Schedule

CSP Training Calendar: April through June 2008

Self-Injury, Presenter: Michael Barr, Time: April 28th, 10:30 am 12:00 pm, Location: CSP Large Conference Room

Advance Directives, Presenter: Smith Michael, May 6th, 1:00 pm to 4:00 pm, Location: Housing Warehouse Conference Room. and May 19th, 10:00 am to 12:00 pm, Location: Guadalupe office.

Emergency Evacuation Procedures, Presenter: Assistant Chief Robert Garcia, Time: May 9th, 9:00 am to 10:00 am and 1:00 pm to 2:00 pm, Location: CSP Large Conference Room

Incident Report Writing, Presenter: Russell Johnson, Time: June 6th, 11:00 am to 12:00 pm and 1:00 pm to 2:00 pm, Location: CSP Large Conference Room

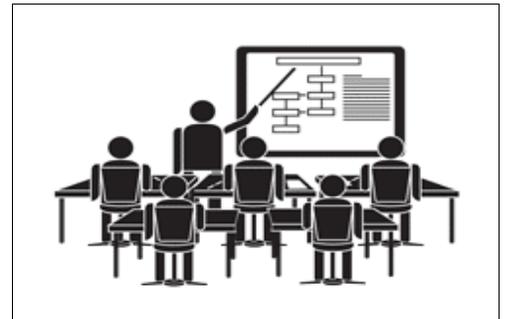
New Trainings:

Dialectical Behavior Therapy, Presenter: Russell Johnson, May 16th, 1:00 pm 3:00 pm, Location: CSP Large Conference Room

Storytelling for Native Clients, Presenter: Barbara Chana, May 23rd, 1:00 pm to 3:00 pm, Location: Facilities Management Building Classroom

Qi Gong, Presenter: Alan Shenmen, June 30th, 1:00 pm to 3:00 pm, Location: Facilities Management Building

ALL NETWORK PROVIDERS ARE INVITED TO ATTEND



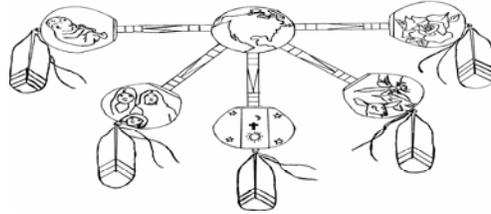
**For More Information
Please contact**

**Russ Johnson
Training Coordinator
(520) 879-6060**

Centered Spirit Programs

Tucson Area

7490 S. Camino de Oeste
Tucson, AZ. 85757
Phone (520) 879-6060
Fax (520) 879-6099
24/7 Crisis Line: (520) 591-7206



Guadalupe Area

9405 S. Avenida del Yaqui
Guadalupe, AZ. 85283
Phone (480) 768-2021
Fax (480) 768-2053

Walking In Balance

4730 W. Tetakusim
Tucson, AZ. 85757
Phone (520) 879-5777
Fax (520) 879-5778

Walking In Balance Guadalupe Area

9405 S. Avenida del
Yaqui
Guadalupe, AZ. 85283
Phone (480) 768-2021

Sewa Uusim

4960 W. Vai Sevoi
Tucson, AZ. 85757

Phone (520) 879-6140

Guadalupe
Phone (480) 768-2000

Vahcom House

7426 S. Camino
Vahcom
Tucson, AZ. 85757
Phone (520) 879-
5691
Fax (520) 879-5696

Transitional Treatment Program

7409 S. Camino Cocoim
Tucson, AZ. 85757
Phone (520) 879-5664

New Beginnings Clinic

7474 S. Camino de Oeste
Tucson, AZ. 85757
Phone (520) 879-6616
Fax (520) 879-6017

Prevention Program

7409 S. Camino Cocoim
Tucson, AZ. 85757
Phone (520) 879-5858

Hiapsi Kuate

7426 S. Camino Vahcom
Tucson, AZ. 85757
Phone (520) 879-5770

Path Program

7402 S. Camino
Vahcom
Tucson, AZ. 85757
Phone (520) 879-5855

Yoeme Kari Group Home

2861 W. Via Hacienda
Tucson, AZ. 85741
Phone (520) 297-6414

“ It is the mission of the Pascua Yaqui Tribe Centered Spirit Program to provide professional, confidential, and culturally compatible behavioral health services to the Pascua Yaqui Tribal member and their families, and to promote healing, personal growth, and healthy living for the individual, the family, and the community “