



# KEEPING IT CENTERED



CENTERED SPIRIT PROGRAM OFFICES:

Tucson : (520) 879-6060    Guadalupe: (480) 768-2021



**Inside this issue:**

Member Handbook & AHCCCS Info	2
MSPI Update & CSP Survey	3
New CSP Employees & Getting to know our CSP Employees	4
Tucson CSP Groups	5-6
Guadalupe CSP Groups & Prevention Activities	7
Upcoming CSP Announcements, Events & Related Information	8-12
Network Updates	13
Community Info	14
Yoeme Health Plan	15
Training Info, Mission Statement & Contact Info	16-18

## CSP MSPI UPDATE for 2010

The Methamphetamine and Suicide Prevention Initiative is in full swing, with several things happening over this last year. The goals of the program are to provide evidenced based substance abuse prevention programs for youth, to train a cadre of community members and staff in crisis response, suicide prevention, and substance abuse prevention/treatment, and to raise awareness of available behavioral health and crisis on call services in the community.

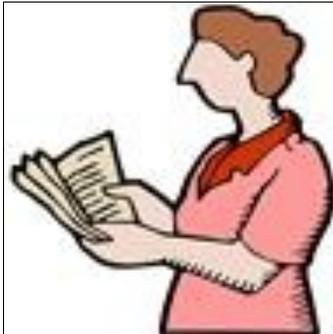
### Highlights of our first year include:

**Keepin' It Real Substance Abuse Prevention Program:** In year one (December 2009), approximately 30 staff were trained to implement the Keepin' It Real (KIR) program for middle school aged youth. We began a pilot KIR program in February. The program was held after school at the Old Pascua community center and facilitated by a Centered Spirit therapist. We had 6 participants at baseline, but only 2 active participants through most of the program. We made some changes to increase attendance, including moving the program to Hohokom Middle School so kids can come directly after classes end and adding a co-facilitator to the program who incorporates Yaqui culture into the lessons. The current program started in August and has 9 participants. The program is being evaluated using a youth pre/post test, created by the KIR developers, which asks questions about their knowledge, attitudes, and behaviors around substance abuse. A parent survey developed by the local evaluation team is also given, which asks about their child's behavior before and after the program.

**Acu-Detox :** We continue to provide Acu-Detox (auricular acupuncture) services to clients in substance abuse recovery and are also collecting baseline and follow up substance use data on new clients entering Acu-Detox. A main goal of the MSPI grant is to train more staff in Acu-Detox. These trainings are slated to begin in December, 2010.

**Crisis On Call Team:** A subcontractor has been identified and engaged to provide Crisis On Call services for Tucson area community members.

(Continued on page 3)



## CSP Member Handbook

The PY TRBHA Centered Spirit Program 2011 Member Handbook is currently available in English & Spanish.

The Audio version is currently being updated.

**Member Handbook & Provider Manual are now available on the Internet link under Behavioral Health Services:**

[www.pascuayaqui-nsn.gov](http://www.pascuayaqui-nsn.gov)

CSP will provide 2011 Member Handbook copies for its providers, subcontracted providers & CSP Members.

## AHCCCS HEALTH INSURANCE

### What is AHCCCS Health Insurance?

AHCCCS Health Insurance was established by the State of Arizona to provide Health Care to Arizona residents.

### How do I get AHCCCS Health Insurance?

You may be able to get AHCCCS Health Insurance by contacting the CSP Office 879-6060 so that we may assist you with completing an AHCCCS application.

CSP is now linked up to HEALTH-E which can help determine if you are eligible for AHCCCS.

Contact:

Katrina Herber

for more information at 879-6060

### What does AHCCCS cover?

Depending on the program, AHCCCS Health Insurance may cover;

- Doctor's Visits
- Specialist Care
- Transportation to Doctor
- Hospital Services
- Emergency Care
- Pregnancy Care
- Podiatry Services
- Surgery
- Immunizations
- Physical Exams
- **BEHAVIORAL HEALTH**
- Family Planning
- Lab & X-rays
- Prescriptions
- Dialysis
- Eye Exams & Glasses
- Dental Services
- Hearing Aids & Exams

"If you do not qualify for AHCCCS, you are still eligible for CSP services..."



### AHCCCS BENEFITS ALERT:

Due to the recent State of Arizona budget crisis, AHCCCS may implement potential changes by July 1st. If you have not applied for AHCCCS, please apply at your earliest convenience. For those already on AHCCCS, please maintain updated information with AHCCCS and re-new your medical benefits within a timely manner.

- a message from CSP

## **CSP MSPI UPDATE for 2010** (Cont'd from page 1)

**ASIST Training:** In August, 2010, we partnered with the Tohono O'odham Tribe MSPI program to provide a two day ASIST suicide prevention training for Pascua Yaqui Tribe and Tohono O'odham staff and community members. Thirty people attended including several youth.

**Crisis On Call Media Campaign:** In year 1, we met quarterly with the Centered Spirit advisory board to develop a survey to assess Crisis On Call awareness and satisfaction among community members and to solicit input on the media campaign strategy. The media campaign officially began during the Tribal Recognition community event in early September. Hundreds of people attend this event and it proved to be a successful launching point for the campaign. We distributed promotional materials with the Crisis On Call number on them (key chains, water bottles, pens). We also distributed and received back 100 assessment surveys. Select data from the survey are presented below:

83% of respondents were PY tribal members

Over half of the respondents were 50 or older

61% could list at least one type of crisis service provided in their community

Of the respondents that knew a Crisis On Call phone number (number=32), 20% listed the CSP number

Of the respondents that HAD used Crisis On Call services, 100% were completely or somewhat satisfied.

### **Future Plans:**

Next year, we look forward to continuing the KIR workshops with youth. We will offer additional ASIST and Acu-Detox trainings and will begin healthy cooking classes with New Beginnings clients in the spring. We will also continue to promote Centered Spirit's Crisis On Call services through the use of promotional materials and a variety of media outlets. In addition to collecting data on KIR, the media campaign, and Acu-Detox, we will also begin conducting satisfaction surveys with Crisis On Call clients.

**WE NEED YOUR HELP!!**

**PASCUA YAQUI TRIBE  
CENTERED SPIRIT  
BEHAVIORAL HEALTH  
PROGRAM**

From April 4th through May 27th we would like to get your opinion on how CSP can improve services. We would like your honest opinion! Your counselor/therapist will be able to give you a survey please complete and return to them or place in box at lobby. If they do not give you one please ask the front desk to give you one. If you have more than one child enrolled in CSP please complete a survey for each one.

**COMPLETE A SURVEY ADD YOUR NAME & PHONE NUMBER AT THE BOTTOM OF THE SURVEY AND YOU WILL BE ENTERED IN A RAFFLE. YOU DO NOT NEED TO BE PRESENT TO WIN!!!! RAFFLE WILL TAKE PLACE AFTER MAY 27TH.**

**GREAT PRIZES!!! COME ON FILL-OUT A SURVEY!!! THANK YOU!!**

# CSP WELCOMES NEW STAFF



Archie Aquino—Guadalupe Family Therapist  
 Jennifer Gutierrez—Adult Case Manager  
 Ralph Gomez—New Beginnings Case Manager  
 Sal Amador—Intake Specialist  
 Melinda Leyva—QM/UR Administrative Assistant

## Getting to know our CSP Employees

### *Rhonda Ortiz*

Where are you originally from? .....yuma  
Do you have a nickname? .....nibs  
Describe yourself in a single sentence? .....thoughtful  
What do you do in your spare time? .....watch tv  
What type of music do you enjoy? .....all kinds of music  
What do you consider having fun? .....shopping  
What do you value most in other people? .....loyalty  
Who or What inspires you and Why? .....my mom, she is a strong woman  
What is your job like? .....the majority of time, its enjoyable  
A typical day? .....seeing all my little kids at school and office  
What do you do? .....in school counselor at Johnson elementary most of the time  
What are the duties/functions/responsibilities of your job? .....too many to name but mostly working with kids and their families  
How did this type of work interest you and how did you get started? .....always enjoyed working with kids  
What part of this job do you personally find most satisfying? Most challenging? .....most satisfying, working with my kids and families, challenging, keeping up paperwork, especially progress notes  
What was your first impression when you walked into the Centered Spirit Program? .....sterile...(a lot different from Rahum...where I started)  
What do you like about working with the Pascua Yaqui Centered Spirit Program? .....my kids and their families  
How long have you been working for the Tribe? .....12yrs.and 7mos!!!!!!  
What is one goal that you would like to accomplish while working for the Tribe? .....get my msw license...



## CENTERED SPIRIT PROGRAM GROUPS

Tucson Office : (520) 879-6060

### AA MEETINGS

**Wednesday:** 6pm – 7pm @ Health Dept. Large Conf. Room

Contact: Vicki Bustamante-Nunez, 520 879-6200

[Vicki.B.Nunez@pascuayaqui-nsn.gov](mailto:Vicki.B.Nunez@pascuayaqui-nsn.gov)

### \* AWARENESS GROUP SESSIONS

**Monday:** 6 PM - 7:30PM @ Old Pascua (Santa Rosa Hall, 2015 N. Calle Central)

Lead Contact: Juan Salgado, Adult Substance Abuse Therapist

520 879-5690, [Juan.M.Salgado@pascuayaqui-nsn.gov](mailto:Juan.M.Salgado@pascuayaqui-nsn.gov)

### ART EXPRESSION

Co-Facilitator: David Moreno, Traditional Arts Instructor

520 879-5663, [David.V.Moreno@pascuayaqui-nsn.gov](mailto:David.V.Moreno@pascuayaqui-nsn.gov)

**Monday - Marana:** 3:30pm - 5pm

**\*Wed. – New Pascua:** Ages 7 – 12, 3pm - 4pm

@ CSP Large Conf. Room

Lead Contact: Sherry Sterling, Child/Family Therapist,

520 879-6087, [Sherry.Sterling@pascuayaqui-nsn.gov](mailto:Sherry.Sterling@pascuayaqui-nsn.gov)

**Thursday – Old Pascua:** 3:30pm - 5pm

**Friday – New Pascua:** *Drawing from Culture*, Ages 12 – 18,

3pm - 7pm @ Cocoim House

**\*BACK TO CENTER** (Teen Meeting)

**Tuesday:** *Teens Beating the Influence*, Ages 13 – 17,

4pm - 5pm @ CSP Large Conf. Room

Lead Contact: Sofia Crowe, Child/Family Therapist

520 879-6138, [Sofia.Crowe@pascuayaqui-nsn.gov](mailto:Sofia.Crowe@pascuayaqui-nsn.gov)

**\*CHEMICAL DEPENDENCY**

**Friday:** 8AM - 9:30AM @ Vahcom House

Lead Contact: Juan Salgado, Adult Substance Abuse Therapist

520 879-5690, [Juan.M.Salgado@pascuayaqui-nsn.gov](mailto:Juan.M.Salgado@pascuayaqui-nsn.gov)

### CSP ADVISORY BOARD QUARTERLY MEETINGS

Lead Contact: Jill Fabian, Child Team Program Manager,

520 879-6067, [Jill.Fabian@pascuayaqui-nsn.gov](mailto:Jill.Fabian@pascuayaqui-nsn.gov)

### DRUG COURT GROUP

**Wednesday:** 1pm – 2pm @ CSP Small Conf. Room

Lead Contacts: Louis Duberry, Adult Substance Abuse

Therapist, 520 879-6053,

[Louis.Duberry@pascuayaqui-nsn.gov](mailto:Louis.Duberry@pascuayaqui-nsn.gov)

& Lori Lightman, Adult Therapist, 520 879-6077,

[Lori.Lightman@pascuayaqui-nsn.gov](mailto:Lori.Lightman@pascuayaqui-nsn.gov)

### \*EMPOWERMENT GROUP

**Monday:** 2:30pm – 4:30pm @ CSP Large Conf. Room

Lead Contact: Louis Duberry, Adult S.A. Therapist

520 879-6053, [Louis.Duberry@pascuayaqui-nsn.gov](mailto:Louis.Duberry@pascuayaqui-nsn.gov)

### FATHERHOOD IS SACRED (Self-Help)

**Monday:** 10am – 12pm @ Vahcom House

Lead Contacts: Alex Alvarez, Cultural Trainer/Adult S.A.

Therapist, 520 879-5692,

[Alex.G.AlvarezSr@pascuayaqui-nsn.gov](mailto:Alex.G.AlvarezSr@pascuayaqui-nsn.gov)

& Gabino Molina, Child/Family BHT, 520 879-5693,

[Gabino.V.Molina@pascuayaquinsn.gov](mailto:Gabino.V.Molina@pascuayaquinsn.gov)

### \*FREEDOM FROM SUBSTANCE ADDICTIONS

**Wednesday:** 5:30 – 7:30pm @ CSP Large Conf. Room

Lead Contact: Louis Duberry, Adult S.A. Therapist

520 879-6053, [Louis.Duberry@pascuayaqui-nsn.gov](mailto:Louis.Duberry@pascuayaqui-nsn.gov)

### GRUPO ESPERANZA

**Thursday:** 5:30pm – 6:30pm @ Vahcom House

Lead Contact: Lori Lightman, Adult Therapist,

520 879-6077, [Lori.Lightman@pascuayaqui-nsn.gov](mailto:Lori.Lightman@pascuayaqui-nsn.gov)



## CENTERED SPIRIT PROGRAM GROUPS (cont'd)

Tucson Office: (520) 879-6060

### \*LIFE SKILLS

**Wednesday:** 1 - 3pm @ CSP Large Conf. Room  
Lead Contact: Russell Johnson, Training Coordinator  
520 879-6075, [Russell.D.Johnson@pascuayaqui-nsn.gov](mailto:Russell.D.Johnson@pascuayaqui-nsn.gov)

### LOVE & LOGIC

**Tuesday:** 5:30pm – 6:30pm @ CSP Large Conf. Room  
Lead Contact: Richard Janney, Child/Family Therapist  
520 879-6069, [Richard.Janney@pascuayaqui-nsn.gov](mailto:Richard.Janney@pascuayaqui-nsn.gov)

### MISGUIDED LOVE

**Tuesday:** 11:30am - 1:30pm @ CSP Small Conf. Room  
**Wednesday:** 2:30pm - 4:30 pm @ CSP Small Conf. Room  
Lead by: Dr. Ferrell - **For more information call 879-6060**

### \*PARENTING SUPPORT GROUP - PARENTING 1, 2, 3

**Thursday:** 5:30pm – 6:30pm @ CSP Large Conf. Room  
Lead Contact: Sofia Crowe, Child/Family Therapist  
520 879-6138, [Sofia.Crowe@pascuayaqui-nsn.gov](mailto:Sofia.Crowe@pascuayaqui-nsn.gov)

### \*RECOVERY GROUP SESSIONS

**Monday:** 10:30am - 11:30am (Jackie Meehan)  
@ CSP Large Conf. Room, 520 879-6090,  
[Jacqueline.Meehan@pascuayaqui-nsn.gov](mailto:Jacqueline.Meehan@pascuayaqui-nsn.gov)

**Monday:** *Heart Healing (Acu-Detox)*, 5:30pm - 7:30pm  
(A. Shenmen) @ Alternative Medicine, 520 879-6129,  
[Alan.Shenman@pascuayaqui-nsn.gov](mailto:Alan.Shenman@pascuayaqui-nsn.gov)

**Wednesday:** 10:30am- 12pm (Mo Salgado)  
@ Vahcom House, 520 879-5690,  
[Juan.M.Salgado@pascuayaqui-nsn.gov](mailto:Juan.M.Salgado@pascuayaqui-nsn.gov)

**Wednesday:** *Heart Healing (Acu-Detox)*, 5:30pm - 7:30pm  
(A. Shenmen) @ Alternative Medicine, 520 879-6129,  
[Alan.Shenman@pascuayaqui-nsn.gov](mailto:Alan.Shenman@pascuayaqui-nsn.gov)

### \*RECOVERY GROUP SESSIONS (cont'd)

**Friday:** *Mujeres Adelante*, 10:00am – 11:30am  
(Barbara Chana) @ CSP Large Conf. Room,  
520 879-5665, [Barbara.J.Chana@pascuayaqui-nsn.gov](mailto:Barbara.J.Chana@pascuayaqui-nsn.gov)

### SACRED HEALING GROUP

**Tuesday:** 11am – 12:30pm @ Vahcom House  
Lead Contact: Luis Canez, Adult Substance Abuse Therapist  
520 879-6115, [Luis.P.Canez@pascuayaqui-nsn.gov](mailto:Luis.P.Canez@pascuayaqui-nsn.gov)

### TRADITIONAL TAEKWONDO

**Monday, Wednesday, Thursday:** Ages 7-17 & ADULTS,  
5:30pm – 7:00pm @ Victor Flores Gym  
Lead Contact: Luis Canez, Adult Substance Abuse Therapist  
520 879-6115, Cell 520 240-4528,  
[Luis.P.Canez@pascuayaqui-nsn.gov](mailto:Luis.P.Canez@pascuayaqui-nsn.gov)

### \*TRANSITION INTO ADULTHOOD (Process Groups)

**Thursday:** *Teens Coming of Age*, Ages 14-17,  
3:30pm – 4:30pm @ CSP Small Conf. Room  
Lead Contact: Sofia Crowe, Child/Family Therapist  
520 879-6138, [Sofia.Crowe@pascuayaqui-nsn.gov](mailto:Sofia.Crowe@pascuayaqui-nsn.gov)

**Thursday:** *Young Adults Coming of Age*, Ages 18-21,  
4:30pm – 5:30pm @ CSP Small Conf. Room  
Lead Contact: Sofia Crowe, Child/Family Therapist  
520 879-6138, [Sofia.Crowe@pascuayaqui-nsn.gov](mailto:Sofia.Crowe@pascuayaqui-nsn.gov)

### \*TTP AFTERCARE GROUP SESSIONS

**Monday:** 5:30pm – 7pm @ CSP Large Conf. Room  
Lead Contact: Joe Henry, TTP Coordinator  
520 879-5664, Cell 520 269-3968,  
[Joe.Henry@pascuayaqui-nsn.gov](mailto:Joe.Henry@pascuayaqui-nsn.gov)



### DOMESTIC VIOLENCE OFFENDER INTERVENTION (Men)

Thursday: 5:30pm - 7pm @ CSP Office

Lead Contact: Archie Aquino, Family Therapist

480-768-2069, [Archie.Aquino@pascuayaqui-nsn.gov](mailto:Archie.Aquino@pascuayaqui-nsn.gov)

### DOMESTIC VIOLENCE OFFENDER (WOMEN)

Thursday: 3:30pm – 5pm @ CSP Office

Lead Contact: Archie Aquino, Family Therapist

480 768-2069, [Archie.Aquino@pascuayaqui-nsn.gov](mailto:Archie.Aquino@pascuayaqui-nsn.gov)

### MOCHIK: ADOLESCENT BOY's GROUP

Tuesday: 4pm – 5:30pm @ Mercado Suite 8 (Lion's Club Office)

Lead Contact: Archie Aquino, Family Therapist

480 768-2069, [Archie.Aquino@pascuayaqui-nsn.gov](mailto:Archie.Aquino@pascuayaqui-nsn.gov)

### RECOVERY GROUP (ADULTS)

Tuesday: 5pm @ CSP Office

Lead Contact: Mick Shanley, C.D. Coordinator

480-768-2026, [Mick.Shanley@pascuayaqui-nsn.com](mailto:Mick.Shanley@pascuayaqui-nsn.com)

### YOUTH UNDERAGE DRINKING

Monday: 5pm @ CSP Office

Lead Contact: Sergio Santos, Substance Abuse Therapist,

480-768-2027, [Sergio.Santos@pascuayaqui-nsn.gov](mailto:Sergio.Santos@pascuayaqui-nsn.gov)



## GUADALUPE PREVENTION PROGRAM SCHEDULE

### Lutu'uria Youth Group (LYG)

**April 4th & April 18th, 2011**

**May 2nd & May 16th, 2011**

**June 6th & June 20th, 2011**

**5pm-6pm at the Mercado**

**(LYG meets on the 1st & 3rd Monday of the month)**

**For more information, please  
contact:**

**Ralph Cota, Prevention  
Coordinator (480) 768-2063**

### Guadalupe Prevention Partnership (GPP) \*

**April 19th, 2011 Combined with  
First Things First Collaborative Meeting**

**\*For upcoming GPP meetings, please  
contact:**

**Ralph Cota, Prevention  
Coordinator (480) 768-2063**

# ANNOUNCEMENTS




**CSP would like community members to fill out a survey on our Crisis on Call services and be entered to win a microwave.**

**Feel free to stop by our office or visit us during the May 13th Hiaki High School Fair or May 14th Wellness Center's Phase II Grand Opening to fill out the survey.**

**THANK YOU!!!**

**Answer the following questions for a chance to win a brand new microwave!**

**Please take a few moments to fill out this survey. We are collecting information on our Crisis On Call Services to better serve the community. All answers are completely ANONYMOUS. Thank you!**

1. What is your age group? (please circle)  
     Under 12    12-17    18-34    35-50    50 or older
2. Are you a Pascua Yaqui Tribal Member? (please circle)  
     Yes  
     No
3. What are some Crisis On-Call services are in your community?  
     \_\_\_\_\_  
     \_\_\_\_\_
4. Who provides those Crisis On-Call Services in your community?
5. Do you know the phone number for Crisis On-Call services in your area? If yes, please list number  
     Yes PLEASE LIST PHONE NUMBER \_\_\_\_\_  
     No
6. Have you ever used Crisis On Call Services for yourself or a friend/family member?  
     Yes  
     No
7. Were you satisfied with those services? (please circle)  
     Completely Satisfied    Somewhat Satisfied    Not Satisfied    Have never used Crisis On Call
8. Please let us know any other thoughts you have on Crisis On Call services.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

# ANNOUNCEMENTS

Proclamation  
of  
The Inter Tribal Council of Arizona  
Western Region, Bureau of Indian Affairs and  
Phoenix Area Indian Health Service

WHEREAS, Children are precious and vital to the well-being of the Indian tribes in Arizona; and  
WHEREAS, April is observed across the nation as CHILD ABUSE PREVENTION MONTH to bring attention to the problems of child abuse; and  
WHEREAS, All Indian children in Arizona are entitled to a safe and healthy environment which nurtures and protects each child's mental and physical well being; and  
WHEREAS, Child abuse is a problem which confronts tribal communities, families and service providers; and  
WHEREAS, The tribal governments in Arizona and the federal entities must commit their resources toward efforts to prevent child abuse.

NOW THEREFORE BE IT PROCLAIMED, the Inter Tribal Council of Arizona, the Western Region, Bureau of Indian Affairs and the Phoenix Area Indian Health Service, hereby commemorate the month of April, 2011, as INDIAN CHILD ABUSE PREVENTION MONTH in Arizona; and

BE IT FURTHER PROCLAIMED, that the Inter Tribal Council of Arizona encourages all members of Indian tribes in Arizona to declare their support and commitment to the prevention of child abuse.



Shan Lewis, President  
Inter Tribal Council of Arizona



Bryan Bowker, Regional Director  
Western Region, Bureau of Indian  
Affairs



Dorothy Dupree, Acting Area Director  
Phoenix Area Indian Health Services

April 1, 2011

ATTENTION  
CSP  
MEMBERS

THE 2011 MEMBER  
HANDBOOK IS  
CURRENTLY  
AVAILABLE  
UPON REQUEST

SEA TAKA NA'ASUKU  
CENTERED SPIRIT



Member Handbook  
2011

## Coming Soon

A survey team from CARF International\* will be visiting on  
MAY 4-6, 2011

We invited the surveyors to evaluate how well we meet international standards for quality. The survey will tell us what we are doing well and ways we might improve. As a result of this survey, we may earn or continue accreditation.

As part of the survey, the surveyors will interview people who receive services, their families, our staff, and others. Some questions the survey team members might ask people are:

- Do we provide a clean and safe setting?
- Do you receive the services you need and want?
- Are you treated with respect?
- Do you take part in planning your services?
- Are you told what you need to know about your services?
- Are your questions answered in a way you understand?
- Do you know where to go with questions or concerns?

If you would like to talk with one of the survey team members or want to learn more about CARF International, please let one of our staff members know. You may also contact CARF International directly.

Internet: [www.carf.org/contact-us](http://www.carf.org/contact-us)  
E-mail: [feedback@carf.org](mailto:feedback@carf.org)  
Mail: CARF International, 6951 East Southpoint Road, Tucson, AZ 85756  
Toll-free telephone: (866) 510-2273  
Fax: (520) 318-1129

**carf** INTERNATIONAL

\*CARF International is an independent, not-for-profit family of organizations (including CARF, CARF Canada, and CARF-CCAC) that provides accreditation in the field of human services.

## CANCER SUPPORT GROUP



EVERY 3RD TUESDAY OF THE MONTH  
IN THE HEALTH DEPT LARGE CONFERENCE ROOM  
FROM 1PM-3PM  
JOIN US FOR FUN AND FOOD !  
JUST WALK-IN EVERYONE WELCOME  
For More information contact  
Jackie Meehan 879-6090

# ANNOUNCEMENTS

## Monday Recovery Group

Start the week with a healthy Outlook.



- Tea party
- Positive affirmations
- Fun group activities
- Acudetox

Yea, it's Monday!



**Mondays**  
**10:30am—11:30 a.m.**  
**CSP Large**  
**Conference Room**

Contact:  
Jackie Meehan  
879-6090

Back To Center

Teen Meeting



Teens Beating the Influence \*

Tuesday's from 4pm-5pm

at Centered Spirit (879-6060)

7190 S Camino De Oeste

\* FOR MORE INFORMATION CONTACT SOFIA CROWE 879-6138

\* YOU MUST BE ENROLLED IN CENTERED SPIRIT TO ATTEND  
TO ENROLL, CALL 879-6060 & SCHEDULE AN INTAKE



# Freedom from



# Substance Addictions



**WEDNESDAY**  
**5:30 -7:30 p.m.**  
**CENTERED SPIRIT**

Louis Duberry, Facilitator  
879-6053

Feel guilty  
Fail to keep promises  
Work and money troubles

There is help



# TRADITIONAL TAEKWONDO

CLASSES OFFERED FOR YOUTH AGES 7 TO 17 AND ADULTS, WHO ARE INTERESTED IN LEARNING TAEKWONDO. CLASSES ARE HELD ON TUESDAYS, WEDNESDAYS & THURSDAYS FROM 6PM TO 730PM AT THE VICTOR FLORES GYM.

FOR MORE INFORMATION CONTACT LUIS AT;

LUIS CANEZ, L.I.S.A.C.  
C.S.P./ BEHAV. HEALTH  
Cell; 240-4528 OR work; 879-5855



# ANNOUNCEMENTS



**The Pascua Yaqui Tribe Centered Spirit Program**  
*Invites*

Yaqui Community Members to the  
**Advisory Board Meeting**

**Thursday May 19<sup>th</sup>, 5:30 PM – 7:30 PM**

The Centered Spirit Program requests feedback from the people it provides services to including but not limited to community members from Old Pascua, Barrio Libre, New Pascua, Marana and the Tucson area.

**Location**

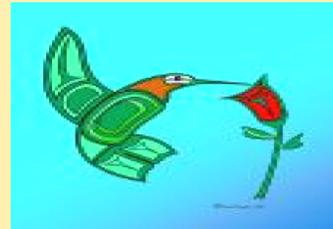
Centered Spirit Program Large Conference Room  
7490 S. Camino De Oeste  
Tucson, AZ 85757

*Food, a Meal will be provided*

Contact: Jill Fabian at (520) 879-6060

## GRUPO ESPERANZA

(for those who struggle with Depression & Anxiety)



- Learn the symptoms
- Learn the causes
- Learn treatment for these common mood swings

**Thursday**

**5:30pm - 6:30pm**

**Vahcom House**

Lori Lightman  
Facilitator  
879-6077

## Becoming a Love and Logic Parent Schedule March-May 2011

Week # 1 March 22 ..... Module 1.....Raising Responsible Kids

Week # 2 March 29.....Module 2....The Love and Logic Formula

Week # 3 April 5.....Module 3...."C" Stands for Control that's shared

Week # 4 April 12.....Module 4...."O" is for Ownership of the Problem

Week # 5 April 19 .....Module 5...."O" is Also for Opportunity for Thinking

Week # 6 April 26.....Module 6...."L" Stands for Let Empathy and Consequences do the Teaching

Week # 7 May 2.....Module 7.....Let's Wrap it Up and Go Home

Richard Janney is Licensed Clinical Social Worker (879-6069)

Tuesdays @ 5:30 PM

Location: Large Conference Room, Centered Spirit Program

No pre-registration, just show up.\*

\*Must be enrolled in Centered Spirit Program—Please call 879-6060 to arrange Screening and Comprehensive Assessment.

# ANNOUNCEMENTS

## Mujeres Adelante



- Accepted
- Courageous
- Enlightened
- Expressive
- Forgiven
- Friend
- Healer
- Honored
- Justified
- Peace Maker
- Respected
- Sober
- Special
- Supported
- Loved



Friday Mornings  
10:00 to 11:30 a.m.

Centered Spirit  
Large Conference Room  
879-6060

- Substance Abuse
- Hurting relationships
- Family rejection & anger
- Health & sexuality
- Cultural Identity

**CENTERED SPIRIT PROGRAMS**

# PARENTING

**THURSDAYS 5:30PM-6:30PM**  
AT THE CSP  
**LARGE CONFERENCE ROOM**

**PARENTS JOIN ANYTIME!**

*Must be enrolled with esp*

**PLEASE CONTACT: SOFIA CROWE**  
**AT 879879-6138 OR 879-6060**  
**FOR MORE INFO**

Explore your belief about anger  
Learn how it plays out in your life

## Empowerment



Monday  
2:30—4:30  
Louis Duberry, Facilitator

- Do bad things happen when you are angry?
- Swallowed anger is a serious problem.
- Pretending to be agreeable is not healthy.
- Do you get your way if angry enough?

## A few animal friends of CSP

A year of candy sales  
has helped out one of  
our many "four-legged  
buddies..."



Candy is located in Jackie's  
office @ CSP x 6090 and at  
Angela's office @ Health Dept.  
x 6064



# CSP PROVIDER NETWORK UPDATES

**Tucson Area**  
 7490 S. Camino de Oeste  
 Tucson, AZ. 85757  
 Phone (520) 879-6060  
 Fax (520) 879-6099  
 Crisis Line: (520) 591-7206



**Guadalupe Area**  
 9405 S. Avenida del Yaqui  
 Guadalupe, AZ. 85283  
 Phone (480) 768-2021  
 Fax (480) 768-2053  
 Crisis Line: (480) 736-4943

## Additions:

- EMPACT-SPC** (Crisis services for Guadalupe - May 2010)
- SAFE WING** (Transportation Services for Guadalupe - June 2010)
- Mwangaza Residential Care** (Adult Group Home - 10/2010)
- Casa de Tucson** (Child Group Home - 12/2010)
- La Frontera's Casa de Vida** (Adult Group Home - 12/2010)
- Kenny Miller** (Child Specialty Clinician in Reactive Attachment Disorder - 12/2010)
- Robin Rivinus** (Psychiatric Nurse Practitioner - 1/2011)
- Youth Development Institute** (Child Residential Treatment Center - 2/2011)

## Losses:

- Sharon Meglathery** (Psychiatrist - 6/30/10)
- Nevaeh's Home** (Child Group Home - 11/10/10)
- Arizona Residential Care** (Adult Group Home - 12/31/10)



## CSP CRISIS ON CALL ANNOUNCEMENT

(TUCSON AREA)



**EFFECTIVE OCTOBER 5, 2010**

**PEOPLE'S HEALTHCARE CONNECTION (PHCC) will be in charge of the Crisis on Call Services for the Centered Spirit Program during non-business hours.**

**This change will not disrupt any treatment services to you at the Centered Spirit Program.**

**Please continue to use (520) 591-7206 for CSP Crisis on Call Services.**

**Thank You, CSP Program**

**PYT CSP CONTACT INFORMATION:**

7490 S. CAMINO DE OESTE  
 TUCSON, AZ 85757

PHONE: 879-6060  
 FAX: 879-6099



CRISIS ON CALL: 591-7206

## 24/7 Ambulatory Services Transportation Guidelines

**EFFECTIVE as of OCTOBER 11th, 2010**

- (1) Must be current client of Centered Spirit Program.  
(AHCCCS & BH enrolled preferred—Please have AHCCCS ID on hand for each appointment)
- (2) Due to scheduling routes/times for upcoming business day — Local next day appointments must be called into 24/7 by 9pm.  
(After 9pm requests including voice messages — does not guarantee next day pickup)
- (3) 24/7 to be used for CSP BH/ Medical purposes only.  
(In order to ensure transportation to your medical appointment please schedule by 9pm the day before. Otherwise, same day medical appointments are subject to availability of 24/7 drivers. If can not provide same day medical transport, please contact PYT Health Depart. Transportation at 879-6100)
- (4) Out of town transportation requests will need 24 hours advance notice by CSP staff to 24/7.
- (5) No food, drinks, unauthorized family members, pets allowed on 24/7 transportation vehicles.
- (6) Due to Fraud & Liability policies, 24/7 must follow transport requests to and from destinations and scheduled times.
- (7) 24/7 will have the right to refuse and/or suspend transport services if any guidelines are violated more than once.  
(If 24/7 denies your request, please contact your primary CSP provider or a member of the CSP management team for other transportation assistance)

**THANK YOU FOR YOUR UNDERSTANDING!**

\*If you are currently in a treatment facility, the treatment facility/staff will need to coordinate 24/7 transportation services one day prior to the request/appointment\*



**24/7 Contact #'s:**  
 Phone: 838-4277  
 Fax: 579-4370



**PYT CSP Contact Information:**  
 7490 S. Camino de Oeste  
 Tucson, AZ 85757

Phone: 879-6060  
 Fax: 879-6099

# UPCOMING COMMUNITY EVENTS



## El Día de los Niños/ El Día de los Libros! (Children's Book Day)



**Food!**



**Stories!**

**Saturday April 30, 2011**  
**11AM-12:30PM**  
Ili Uusim Mahatawapo Head Start  
5060 W. Calle Tetakusim  
Tucson, AZ 85757



**Crafts!**



**Books!**

**\*FREE EVENT\***  
Celebrate books and reading with activities, food, refreshments, crafts, and more fun for children and families. Enjoy La Mariposa, a puppet show presented by Gwen Ray of the Hanuman Puppet Theater and a magic show!  
**Call 594-5270 or 879-5473 for more information!**

\*Sponsored by the Dr. Fernando Escalante Community Library and Resource Center, Pima County Public Library-Southwest Branch, Ili Uusim Mahatawapo Head Start and Friends of the Pima County Public Library and REFORMA-Tucson Chapter.






## Stand for Children

Grassroots Solutions. Lasting Change.

*Every child deserves this one thing:  
"A fair chance in life"*

**Come celebrate national Stand for Children Day!**

**Saturday, April 30, 2011**  
**9 a.m. – noon**  
**Reid Park Zoo**

1030 South Randolph Way (22nd Street & Randolph Way)

- FREE admission to the Reid Park Zoo!
- Arts & crafts projects
- Dozens of fun activities for children and their families!
- An adult must accompany children younger than 15



Sponsored by Pima Community College and Reid Park Zoo

For more information call the Reid Park Zoo Infoline: 791-4022

**Partners in the Community:**  
 Child-Parent Centers, Inc.  
 Arizona Poison and Drug Information Center  
 Bear Essential News  
 Boy Scouts  
 Carondelet Health Network  
 Casa de los Niños  
 Child & Family Resources, Inc.  
 Child Care Resource & Referral  
 Easter Seals Black Foundation  
 El Rio Community Health Center  
 First Things First  
 First Things First External Evaluation UoA  
 GB House/Pima Community College  
 Girl Scouts of Southern Arizona  
 Health Choice Arizona  
 Hughes Federal Credit Union  
 Kaiti Smiths  
 La Peña Academy – Child Time  
 Literacy for Life Coalition  
 Mulcahy/City YMCA  
 Pima County Public Library  
 Pima County Regional Wastewater Reclamation Department  
 Project AMOR  
 Saguaro National Park  
 Southern Arizona Children's Advocacy Center  
 Tucson Medical Center  
 UnitedHealthcare/ Arizona Physicians APPA  
 University Family Care  
 Walgreens



**PimaCommunityCollege**

Pima County Community College District  
 Board of Governors  
 District 1: Dr. Deborah L. Egan  
 District 2: Sharon R. Pappas  
 District 3: Susan A. Stewart, Secretary  
 District 4: Holly C. Miller, Chair  
 Holly Hayes, Ph.D., Chancellor

**(520) 206-4500**  
[www.pima.edu](http://www.pima.edu)

# Fathers Mentoring Fathers

Saturday April 30, 2011  
Maryvale Church of the Nazarene  
3201 N. 51st Ave  
Phoenix, Arizona 85031  
(Osborn Rd. & 51st Avenue)




## Court & Custody Workshop

Space is Limited!!!!  
Please pre-register today by calling:  
602-304-1166

For more information:  
[www.fathermatters.org](http://www.fathermatters.org)  
(select the link-Upcoming Events)

Light Breakfast & Lunch provided

**Open to Women & Men**  
(Children will NOT be provided, 20 Children please)

Presented by  
South Phoenix Healthy Start, the team at Father Matters, Inc. in collaboration with  
The Division of Child Support Enforcement & Prepaid Legal Services







Funding for this workshop is made in part through a grant from the South and Central Phoenix Regional Council of

**FIRST THINGS FIRST**  
www.firstthingsfirst.org

**Topics Covered:**

- How to find the right Attorney
- Divorce & Separation
- Parental Impact on Children
- Child Support & Visitation
- Modification of Child Support
- Open Forum for Q&A



**Save the Date!**  
**Thursday, May 19th, 2011**  
**Registration: 9:00 am–10:00 am**  
**Forum: 10:00 am–4:00 pm**  
**The 11<sup>th</sup> Annual**  
**Recovery & Wellness Community Forum**  
**"A Grassroots Approach"**  
(Formerly Family Forum)  
Holiday Inn—4550 S. Palo Verde Blvd ~ Tucson  
**Who can benefit from this forum?**  
**THE BEHAVIORAL HEALTH COMMUNITY**

**Consumers/Members and their Families**

**Professionals**



**Community Stakeholders**

**Included in this Forum:**

- Interactive Breakout Sessions on:
  - Information about the system
  - Information about community resources
  - Opportunities for networking

Registration pamphlets will be available by the end of March on the CPSA website: <http://w3.cpsa-rbha.org>  
**If you have questions, please call: (520) 318-6994**  
**or email Individual & Family Affairs: I&FA@cpsa-rbha.org.**  
 Se encuentra disponible un servicio de intérprete en español.  
 Para programarlo, llame al (520) 318-6994 (se requiere una notificación de 7 días).

CPSA receives funding from the Arizona Department of Health Services (ADHS)/Division of Behavioral Health Services (ADHS/DBHS), Arizona Health Care Cost Containment System (AHCCCS), and Substance Abuse and Mental Health Services Administration (SAMHSA).

## **ATTENTION: Tribal Members living in Pima County**

**Effective: October 1, 2010**

*The Yaqui Health Plan is now the... Yoeme Health Plan*

*The Pascua Yaqui Tribe will be operating the Yaqui Health Plan on October 1, 2010. We are changing the name to **The Yoeme Health Plan**. Please note: your medical service provider will not change. El Rio Health Centers will continue to provide health care services to Yaqui Tribal members who live in Pima County, and who have **NO OTHER RESOURCES**. A major change is the referrals and claims process will be managed by the Tribe's Yoeme Health Plan Office. In addition, Nextcare Urgent Care visits will be covered. Funding for this service continues to come from the Indian Health Service and is a payor of last resort. Tribal members will still be required to apply for alternate resources such as AHCCCS and Medicare.*

- ❖ *If you are already enrolled to receive services from El Rio Health Centers, You do not have to re-register! But you WILL need a new ID card!*
- ❖ *New ID Cards will be mailed out by El Rio after October 1, 2010. If you do not receive your card please contact El Rio's Benefits Coordinators:*
  - *Guillermo Galindo at El Rio Congress: (520) 670-3777 or*
  - *Barbara Lopez at New Pascua: (520) 879-6139 or*
  - *Patient Advocate, Irene Sanchez, (520) 879-6012 at New Pascua*
- ❖ *If you had any changes to your address, marital status or added any family members please update your information with the Benefit Coordinators immediately.*

## **PASCUA YAQUI TRIBE YOEME HEALTH PLAN**

An important historical event took place on Thursday, September 30, 2010. In a special Tribal Council meeting Chairman Peter Yucupicio signed the new contract with Indian Health Services, to take over what was formerly called the *Yaqui Health Plan*. The plan will now be known as the *Yoeme Health Plan*. The Tribal Council, Executive Health Director, Managed Care and Health Department staffs all worked tremendously hard to prepare for this exciting change. Many hours were put into the planning, assumption and now, the implementation of the new Yoeme Health Plan. We are very excited about implementing the plan because the tribe will now be able to fully manage all the aspects of our health care plan and medical services delivered to enrolled tribal members living in Pima County. Very little will change -- El Rio Health Clinic will continue to provide health care services. Improvements, such as a new ID card, access to urgent care services through Next Care Urgent Care centers, and soon a 24-hour pharmacy will help to meet our tribal members' needs. The Tribe's newly established Yoeme Health Plan Office will manage all referrals and claims, although the process (and the employees involved) will not change much.

### **Important information about your insurance:**

You must present your Health Plan ID card and Tribal ID card upon any visit to NextCare Urgent Care or Specialty Provider. Next Care should only be used after regular clinic hours, on weekends and holidays or when referred by El Rio during business hours.

Yoeme Health Plan Customer Service for general questions: (520) 879-6000

Yoeme Health Plan Claims Information (520) 879-6380

Yoeme Health Plan 72-hour notification line (520) 879-6380

El Rio Clinic Medical Appointments Main: (520) 670-3909 or Pascua (520) 879-6225

### **NOTICE: For Tribal Members enrolled under AHCCCS:**

AHCCCS has notified its providers that patients can be charged co-payments; in some cases you may be denied health care UNLESS you pay the co-payment at time of service. As a result we are advising our Tribal members to change their AHCCCS Plan to the American Indian Health Plan (AIHP). This plan offers tribal members the benefit to be seen by any provider who accepts this plan – although we recommend staying with your El Rio provider if you live in Pima County. By changing to AIHP there will be NO co-payments for medical services and medication.

-Submitted by YHP Committee



## CSP Training Schedule JANUARY—JUNE 2011



**Technical Assistance Training**, Presenter: Michelle Ryan, Time: January 21<sup>st</sup>, 10:00 am to 2:00 pm, Location: Health Department Large Conference Room (all clinical staff) (TAT)\*

**Healing the Inner Child Training**, Presenter: Richard Janney, Time: January 24<sup>th</sup>, 10:00 am to 12:00 pm., Location: Housing Administration Conference Room (all clinical staff)(InnerChild)

**Client Intervention Training**, Presenter: Luis Canez, Time: January 28<sup>th</sup> and February 18<sup>th</sup>, Time: 8:00 am to 5:00 pm, Location: Housing Administration Conference (all staff) (CITTr) \*

**CASII Training**, Presenters: Luis Canez, Russ Johnson, and Chris Olfano, Time: February 7<sup>th</sup>, 10:00 am to 5:00 pm, Location: Housing Administration Conference Room (all designated staff) (CASII) \*

**Cognitive-Interpersonal Model of Depression Recovery**, Presenter: Russell Johnson, January 27<sup>th</sup>, 2:30 pm to 4:30 pm, Location: Oasis Program, (all Oasis staff)

**CPR /First Aid**, Presenter: Keith Donnelly, January 14<sup>th</sup>, 9:00am to 12:00 pm, Location: Housing Administration Conference Room; Time: February 4<sup>th</sup>, 1:00pm to 4:00pm, Location: Housing Administration Conference Room, Time: April 18<sup>th</sup>, 1:00pm to 4:00pm, Location: Housing Administration Conference Room (all staff)(CPRFiAid) \*(\$35 fee per person)

**Introduction to Neuropsychology**, Presenter: Dr. Patricia Falcon, Time: January 31<sup>st</sup>, 1:00 pm to 4:00 pm, Location: Housing Administration Conference Room (all clinical staff) (IntNeuro) \*

**Fire Safety Training**, Presenter: to be announced, Time: February 25<sup>th</sup>, 1:00 pm to 4:00 pm, Location: Pascua Fire Station, (all staff)\*

**Developmental Trauma Disorders Consultation**, Presenter: Kenny Miller, March 30<sup>th</sup> and April 6<sup>th</sup>, 10:00 am to 12:00 pm, Location: CSP Large Conference Room (Child and Family Team and Yoeme Kari Team)(DevTrauma)

**Emotional Regulation Skills Training, Part 2**, Presenter: Russ Johnson, Time: March 31<sup>st</sup>, 2:30 pm to 4:30 pm, Location: Oasis Program (Oasis Staff)

**CASII Training**, Presenters: Luis Canez, Russ Johnson, and Chris Olfano, Time: April 4<sup>th</sup>, 10:00 am to 5:00 pm, Location: Housing Administration Conference Room (all designated staff) (CASII) \*

**Distress Tolerance and Crisis Survival Strategies**, Presenter: Russ Johnson, Time: April 28<sup>th</sup>, 2:30 pm to 4:30 pm, Location: Oasis Program (Oasis Staff)

**Sensory Integration**, Presenter: Barbara Rosenberg, Time: May 6<sup>th</sup>, 9:00 am to 12:00 pm, Location: Housing Administration Conference Room (all child & family team staff and Yoeme Kari Staff)(SensInt)

**Unique Needs of Children Involved in CPS**, Presenters: Jill Fabian, Belia Ybanez, Kim Clark, Time: May 13<sup>th</sup>, 9:00 am to 5:00 pm, Location: Housing Administration Conference Room, (all clinical staff)(Unique Needs)\*

**Telephone System Training**, Presenter: Chino Galaz, Time: May 16<sup>th</sup>, 11:00 am to 12:00 pm, Location: Housing Administration Conference Room (all staff)

**Intensive Play Therapy**, Presenter: Barbara Rosenberg, Time: May 20<sup>th</sup>, 9:00 am to 12:00 pm, Location: TBD (all Child & Family licensed staff) (something they like to work with out of play room and something they don't like to work with)(IntPlayTher)

**Kidney Disease for Medical Professionals**, Presenter: Dr. Liqun Bai, Time: June 27<sup>th</sup>, 11:00 am to 1:00 pm, Location: Housing Administration Conference Room (all medical and nursing staff)

**CSP SUB-CONTRACTORS ARE INVITED TO ATTEND**

**Please contact Russ Johnson @ 520-879-6075 for more information on CSP Trainings**



**DID YOU KNOW?**

## Provider Advocacy

The PY TRBHA Centered Spirit Program encourages its Providers and sub-contracted Providers to advise or advocate on behalf of the behavioral health recipient for the following:

- Behavioral Health Recipient's health status, medical care or treatment options, including any alternative treatment that may be self-administered.
- Information the Behavioral Health Recipient needs to decide among treatment options.
- Risks, benefits and consequences of treatment or non-treatment
- Behavioral Health Recipient's right to participate in treatment decisions regarding his or her behavioral health care, including the right to refuse treatment.

## *Help Us Stop Fraud and Abuse*

*PASCUA YAQUI TRIBE of ARIZONA  
CENTERED SPIRIT PROGRAM  
TRIBAL REGIONAL BEHAVIORAL HEALTH AGENCY*

The Centered Spirit Program would like you to help us stop fraud and abuse. If you have information regarding a member or provider who has been dishonest with us in order to receive CSP services or benefits we ask you to contact one of the following:

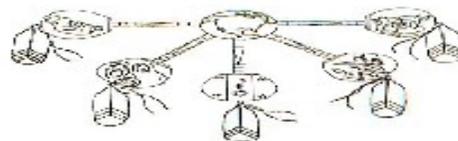
**Your CSP Office: Tucson (520) 879-6065, Guadalupe (480) 768-2021  
Corporate Compliance Officer, Network Services Coordinator (520) 879-6092  
ADHS/DBHS Office Fraud Hotline; 1-866-569-4927  
AIHCCS Member Fraud Line; (602) 417-4193 or 1-888-487-6686**

### **Definitions:**

**Fraud:** an intentional deception or misrepresentation made by a person with the knowledge the deception could result in some unauthorized benefit to himself or some other person. It includes any act that constitutes fraud under applicable Federal, State, or Tribal Law.

**Abuse:** a CSP Staff who's practice is not consistent with business or medical practices, and result in an unnecessary cost to the Program, or in reimbursement for services that are not medically necessary or fail to meet professionally recognized standards for health care. It also includes members who's services are an unnecessary cost to the Program.

**Abuse of Member:** any intentional, knowing or reckless infliction of physical harm, injury caused by negligent acts or omissions, unreasonable confinement, emotional or sexual abuse, or sexual assault.



*Promoting healing, personal growth, and healthy living*

# CENTERED SPIRIT PROGRAM

## Tucson Area

7490 S. Camino de Oeste  
Tucson, AZ. 85757  
Phone (520) 879-6060  
Fax (520) 879-6099  
Crisis Line: (520) 591-7206



## Guadalupe Area

9405 S. Avenida del Yaqui  
Guadalupe, AZ. 85283  
Phone (480) 768-2021  
Fax (480) 768-2053  
Crisis Line: (480) 736-4943

## Vahcom House

7426 S. Camino Vahcom  
Tucson, AZ. 85757  
Phone (520) 879-5691  
Fax (520) 879-5696

## New Beginnings Clinic

7474 S. Camino de Oeste  
Tucson, AZ. 85757  
Phone (520) 879-6616  
Fax (520) 879-6017

## Transitional Treatment Program

7409 S. Camino Cocoim  
Tucson, AZ. 85757  
Phone (520) 879-5664

## Prevention Program

7409 S. Camino Cocoim  
Tucson, AZ. 85757  
Phone (520) 879-5858

## Yoeme Kari Group Home

2861 W. Via Hacienda  
Tucson, AZ. 85741  
Phone (520) 297-6414

## Path Program

7402 S. Camino Vahcom  
Tucson, AZ. 85757  
Phone (520) 879-5855

## Sewa Uusim

4960 W. Vai Sevoi  
Tucson, AZ. 85757  
Phone (520) 879-6181  
Guadalupe Phone (480) 768-2000

## CSP MISSION STATEMENT

“ It is the mission of the Centered Spirit Program (CSP) to provide professional, confidential, and culturally compatible behavioral health services to promote healing, personal growth, and healthy living for Pascua Yaqui Tribal members and their families in the communities we serve.”