



# KEEPING IT CENTERED



Nau te vo'oho'one allae'ewamta vetchivo  
Together on the Journey to Health

CENTERED SPIRIT PROGRAM OFFICES: Tucson : (520) 879-6060 Guadalupe: (480) 768-2000



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## 2019 NAMIWalks Southern Arizona

On Saturday, April 6th, CSP staff participated in the annual NAMIWalk held at Kennedy Park to raise awareness & stomp out the stigma of mental illness.

CSP participants took part in the 3K distance walk were: Steve Velasquez, Warren Fayuant, Rafael Madrid, Dr. Sue Tham, and Men's PATH clients.

Dr. Tham & Warren offered stress relief Acudetox point on both ears to 26 participants ranging from Faith-based & Recovery organizations, Treatment homes, and community at large.

**-Dr. Sue Tham & Steve Velasquez-**

# AHCCCS HEALTH INSURANCE INFORMATION

August 2018



Nau te vo'oho'one allae'cwamta vetchivo  
Together on the Journey to Health

Dear Tribal Member on AHCCCS,

This letter is to advise you of some important changes that is occurring in the AHCCCS Program. These upcoming changes that will affect you and your families on where and how you will get your health care services. **Effective October 1, 2018**. Tribal members who are currently enrolled in the following plans: **MERCY CARE, HEALTH CHOICE, and CARE 1<sup>ST</sup>** will be moved automatically to one of the following four plans:

1. Banner University Family Care
2. United Health Care Community Plan
3. Arizona Complete Health
4. American Indian Health Plan

AHCCCS has sent out letters to inform you of the changes and for you to make a choice.

However, if you are not already on **American Indian Health Plan (AIHP)**, there are some very important benefits that you should consider. We **highly encourage** that our Tribal members choose the AIHP because this plan:

- Would provide transportation services to medical/behavioral health appointments.
- Does not have copays or deductibles.
- Would be the **ONLY** plan that will allow you to receive behavioral health services through the Pascua Yaqui TRBHA/Centered Spirit Program or the Sewa U'usim Programs.

The Pascua Yaqui Tribe (PYT) Centered Spirit Program also provides to Tribal members on AIHP the following services:

- Mentors
- Respite
- Residential Treatment
- Trauma Specialist
- Art Therapy
- Group Homes
- Transportation for Behavioral Health Appointments

If a tribal member wants to make a change but have not received a letter, they should call AHCCCS directly at 602-417-7000 or you may also call the PYT Managed Care Program at 520-879-6041.

**Or if you want or need help, please contact the PYT Health Services Division at 520-879-6000 to make an appointment with one of our Patient Advocates.**

Sincerely,

Reuben T. Howard  
Executive Director

Pascua Yaqui Tribe  
Health Services Division  
7490 S. Camino de Oeste, Tucson, AZ 85757

**What is AHCCCS Health Insurance?**

AHCCCS Health Insurance was established by the State of Arizona to provide Health Care to Arizona residents.

[www.azahcccs.gov](http://www.azahcccs.gov)



**How do I get AHCCCS Health Insurance?**

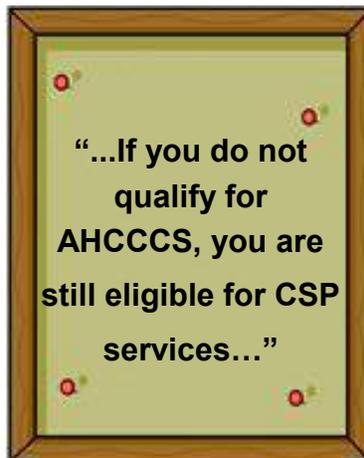
You may be able to get AHCCCS Health Insurance by contacting the Health Administration Lobby at 879-6000 or in person at 7490 S. Camino de Oeste and speak with a Patient Benefit Coordinator so they may assist you with completing an AHCCCS application

**What does AHCCCS cover?**

Depending on the program, AHCCCS Health Insurance may cover:

- Doctor's Visits
- Specialist Care
- Transportation to Doctor
- Hospital Services
- Emergency Care
- Pregnancy Care
- Podiatry Services
- Surgery
- Immunizations
- Physical Exams
- **BEHAVIORAL HEALTH**
- Family Planning
- Lab & X-rays
- Prescriptions
- Dialysis
- Eye Exams & Glasses
- Dental Services
- Hearing Aids & Exams

CSP is now linked up to HEALTH-E which can help determine if you are eligible for AHCCCS.



HEALTH-E is available at the Health Administration Lobby which can help determine if you are eligible for AHCCCS.

For more information, give the Health Administration Lobby a call at 879-6000 or in person at 7490 S. Camino de Oeste and speak with a Patient Benefit Coordinator

**Pascua Yaqui Tribe Health Department**



**AHCCCS Drives Will Be Held in  
Health Department Lobby  
7490 S. Camino de Oeste  
Tucson, AZ 85757**

**Staff will be available to assist in processing AHCCCS Applications**

**Excluding Federal and Tribal Holidays**

**Monday, Wednesday, Thursday and Fridays**

**Extended hours are by appointment only**

**7:00AM to 5:00PM**

**(Closed for Lunch 11:30am-1pm)**

**Patient Benefit Coordinators will no longer be available on Tuesday's**

**You will need the following documents to process your application:**

<b>Permanent Documents</b>	<b>Temporary Documents</b>
<ul style="list-style-type: none"> <li><input type="radio"/> Social Security Cards *For everyone on Application</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> Residency (A statement from a non-relative, not living with you)</li> </ul>
<ul style="list-style-type: none"> <li><input type="radio"/> Identification (Driver's License, Federal State or Local Government ID, Tribal ID, School ID) *For everyone on Application</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> Income (Paycheck stubs for last 90 Days, a statement from applicant saying that he/she has not worked for last 90 days, or Employment Termination Letter.)</li> </ul>
<ul style="list-style-type: none"> <li><input type="radio"/> Citizenship ( U.S Birth Certificate, Naturalization Certificate, Passport, Military Record of service) *For everyone on Application</li> </ul>	<ul style="list-style-type: none"> <li><input type="radio"/> Expenses (Child Care receipts, Medical Expenses last 90 days, Rent Receipts or Lease, Utilities Statements , Proof of Pregnancy)</li> </ul>

**For further questions or information contact the  
Managed Care Office at 520.879.6041**

**If you would like to schedule an appointment for our extended hours please  
contact Health Administration at 520.879.6000**

You may also apply for AHCCCS benefits at any DES office, or visit

<https://www.healtharizonaplus.gov> to submit your application online.

# ANNOUNCEMENTS



## Centered Spirit Program Sea Takah Na'Asuku

Behavioral Health Services  
Hours of Operation 8:00am to 5pm

You can call if you just need someone to talk to.

**8AM-5PM Crisis Services please call 879-6060**

### After Hours & Weekends

Tucson Centered Spirit Empact Crisis Services  
**(520) 591-7206**

Guadalupe Empact Crisis Services  
**(480) 736-4943**

24 Hour Crisis Line (7 days a week)

We can help you manage these sorts of issues:

- Depression
- Anxiety
- Grief and Loss
- Stress
- Alcohol or Substance Abuse
- Memory Problems
- Family Violence or Conflict
- Sexual Abuse
- Social Isolation
- Problems with Work or School
- Transition to Adulthood

Centered Spirit Programs – Tucson  
Phone: (520) 879-6060  
7490 S. Camino de Oeste  
Tucson, AZ 85757  
Located in the first module behind the Administrative Complex Courtyard

Centered Spirit Programs – Guadalupe  
Phone: (480) 768-2000  
Fax: (480) 768-2053  
9405 S. Avenida Del Yaqui  
Tempe, AZ 85283

SHOW YOU CARE BE AWARE

# AWARENESS CAMPAIGN 2019

APRIL IS CHILD ABUSE PREVENTION AND SEXUAL ASSAULT AWARENESS

WORKSHOPS ARE OPEN TO ALL COMMUNITY MEMBERS UNLESS NOTED  
WORKSHOPS AND EVENTS WILL TAKE PLACE ON THE PASCUA YAQUI TRIBE

<b>MANDATORY REPORTING</b> 2-3PM ALBERT GARCIA AUD.	<b>WHAT IS AN OPIOID?</b> 5:30-7:30PM AZUL ROOM	<b>IEP PROCESS FOR PARENTS</b> 5:30-7:30PM ITOM MAHTAWA'APO
<b>APRIL 24</b>		<b>APRIL 25</b>
<b>MOTHER &amp; DAUGHTER EMPOWERMENT</b> 5:30-8PM AZUL ROOM	<b>TORTUGA RANCH OPEN HOUSE</b> 10AM-2PM TORTUGA RANCH	
<b>APRIL 26</b>	<b>APRIL 27</b>	
<b>CHILD ABUSE PREVENTION WALK</b> 9AM-3PM ADMIN TO VICTOR FLORES GYM	<b>SELF-DEFENSE TECHNIQUES</b> 6-7:30PM AZUL ROOM.	<b>BULLYING PRESENTATION FOR THE FAMILY</b> 5:30-7:30PM ITOM MAHTAWA'APO
<b>APRIL 29</b>		<b>APRIL 30</b>

AWARENESS CAMPAIGN IS A COLLABORATIVE EFFORT BOUGHT TO YOU BY

FOR MORE INFORMATION (520) 879-6181

*"Finding Your Voice"*  
CSP Women's Group

Monday's from 1:00 to 2:00 pm  
at PYT- CSP Vahcom House

Spring

Women's group is a place to learn to build skills that will enhance one's ability to deal with stress. Learn to have fun with a group of women who have common goals toward healing and wellness.

Contact Genevieve James BHT II at  
879-5453 for information.



Men's Path Friday Night  
N.A. MEETING UNDER THE LIGHTS

AN INTERACTIVE FRIDAY NIGHT MEETING GROUP FEATURING A NARCOTICS ANONYMOUS THEMED POETRY, MUSIC, STORYTELLING AND SPOKEN WORD. PERFORMERS ARE SEPARATED INTO THREE CATEGORIES, FEATURED, REGULAR AND IMPROMPTU. THIS OFFERS OUR AUDIENCE THE OPPORTUNITY TO SEE PERFORMANCES BY BOTH ESTABLISHED TALENTS, AND NEWER VOICES. YOU ARE ALSO OFFERED THE OPPORTUNITY TO SHOWCASE YOUR OWN WORK.

- Raising awareness
- Reducing stigma
- Providing hope in the process of recovery



Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

For those who care to join, please join us in the addict's circle for our group followed by the WE version of the SERENITY PRAYER. Lastly open mic!

There is one must that applies to everyone attending, that no drugs or paraphernalia be on your person at meetings. If you are carrying anything please take it outside and leave it, then you are welcome back in. This is for the protection of the meeting place and the NA fellowship as a whole. If you've used today, please listen to what is being said and talk to someone at the break or after the meeting. It costs nothing to belong to this fellowship; you are a member when you say you are.



Every Friday  
Starting:  
September 21st, 2018  
Time: 6:15 pm  
AT

**Men's PATH**  
7402 S. Camino Vahcom  
Tucson, Arizona 85757  
(520) 879-5855

**Pascua Yaqui Tribe  
Centered Spirit Community Advisory Meeting**



July 10<sup>th</sup>, 2019: 12:00pm – 1:00pm

Lunch served

7426 Camino Vahcom, Tucson, AZ 85757

Ph.: 520-879-5691

Solicits feedback from Old Pascua, Barrio Libre, New Pascua, Marana and Greater Tucson





# ASIST



## APPLIED SUICIDE INTERVENTION SKILLS TRAINING

A two-day interactive “suicide first response” workshop for community members and professionals from the Pascua Yaqui and Tohono O’odham Nations

- ASIST will prepare you see, recognize and respond to those at risk of suicide.
- It can give you the confidence to ask about suicide if you are concerned about someone’s safety.
- It can provide you with the tools to help prevent the immediate risk of suicide.

Pascua Yaqui Housing Large conf. room  
4720 W. Calle Tetakusim, near Health Dept

Thursday, May 2<sup>nd</sup> 2019  
&  
Friday, May 3<sup>rd</sup> 2019

**MUST ATTEND BOTH DAYS**  
8:00 a.m. to 4:30 p.m.  
**LIMITED TO THE FIRST  
30 PARTICIPANTS  
WHO PRE-REGISTER**

**No fee. All materials and lunch provided.**

Name: \_\_\_\_\_  Adult  Youth

Village: \_\_\_\_\_ District: \_\_\_\_\_

Workplace: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ email: \_\_\_\_\_

**YOUTH 16 years and older may attend with guardian/parent approval.**

PARENT/GUARDIAN SIGNATURE    PHONE #:

**PRE-REGISTRATION IS  
REQUIRED**

**BY FRIDAY April 30<sup>th</sup> 2019**

For PYT: Jill Fabian  
Phone: (520) 879-6067  
Email: [Jill.Fabian@pascuayaqui-nsn.gov](mailto:Jill.Fabian@pascuayaqui-nsn.gov)

For TON: Linda Fayuant  
Phone: (520) 993-0444  
Email: [linda.fayuant@tonation-nsn.gov](mailto:linda.fayuant@tonation-nsn.gov)

SHOW YOUR CARE BE AWARE

# AWARENESS CAMPAIGN 2019

MAY IS CHILDREN'S MENTAL HEALTH AWARENESS MONTH

WORKSHOPS ARE OPEN TO ALL COMMUNITY MEMBERS UNLESS NOTED  
WORKSHOPS AND EVENTS WILL TAKE PLACE ON THE PASCUA YAQUI TRIBE OR AROUND SURROUNDING TUCSON YAQUI COMMUNITIES.

## MAY 1 ILI U'USIM TAEWAI ITOM MAHTAWA'APO 2-6PM

<p>ZAREPHATH FAMILY GAME NIGHT 2-6PM ITOM MAHTAWA'APO</p> <p><b>MAY 2</b></p>	<p>BE SOMEONE'S LIFELINE 9-11:30AM AZUL ROOM</p> <p><b>MAY 3</b></p>	<p>BULLYING PRESENTATION 5:30-7:30PM LORETO MATUS CUL. CEN.</p> <p><b>MAY 6</b></p>	<p>BULLYING PRESENTATION 5:30-7:30PM RICHEY COM. CENTER</p> <p><b>MAY 7</b></p>
<p>EFFECTS OF TRAUMA PRES. DR. BEGAY 5:30-7:30PM AZUL ROOM</p> <p><b>MAY 8</b></p>	<p>NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY 5:30-7:30PM AZUL ROOM</p> <p><b>MAY 9</b></p>	<p>5K WALK/RUN &amp; RESOURCE FAIR 5:30-8PM WELLNESS CENTER</p> <p><b>MAY 10</b></p>	<p>TURNING STRESS INTO STRENGTH 5:30-7:30 AZUL ROOM</p> <p><b>MAY 13</b></p>
<p>MOVIE NIGHT SUICIDE PREVENTION 5:30-7:30PM AZUL ROOM</p> <p><b>MAY 14</b></p>	<p>NARCAN: 101 5:30-7:30PM AZUL ROOM</p> <p><b>MAY 15</b></p>	<p>CHILD SAFE ENVIRONMENT 5:30-7:30PM AZUL ROOM</p> <p><b>MAY 16</b></p>	<p>FAMILY MOVIE NIGHT 6-9PM WELLNESS CENTER</p> <p><b>MAY 17</b></p>
<p>LGBTQ TRAINING FOR PROFESSIONALS 9AM-4PM ITOM MAHTAWA'APO</p> <p><b>MAY 20</b></p>	<p>SUMMER SAFETY 5:30-8PM AZUL ROOM</p> <p><b>MAY 21</b></p>	<p>PIMA COUNTY PREVENTION 5:30-7:30PM AZUL ROOM</p> <p><b>MAY 22</b></p>	<p>ROCK N' LOCK 6-11PM RICHEY COM. CENTER</p> <p><b>MAY 24</b></p>

### YOUTH AWARENESS WEEK

<p><b>28</b></p> <p>TEEN DATING VIOLENCE/HEALTHY RELATIONSHIPS</p> <p>WELLNESS CENTER 5:30 - 7:30 PM</p>	<p><b>29</b></p> <p>LIFE: YOUR FUTURE</p>	<p><b>30</b></p> <p>FILM SCREENING</p>
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**31**  
CLOSING EVENT  
**FAMILY LUAU EVENT**  
6-9PM  
WELLNESS CENTER

AWARENESS CAMPAIGN IS A COLLABORATIVE EFFORT BOUGHT TO YOU BY

# **WELCOME** **NEW CSP EMPLOYEES:**

Gracianna Garcia, Guadalupe Case Manager  
Clarissa Lucero, New Beginnings Patient Services Tech.  
Nina Garcia, Child/Family Team Beh. Health Tech. II  
Nati Jaymes, Adult Services Patient Services Tech. (Vahcom)  
Yvonne Valdez, Member Svcs. Intake Specialist (CSP-Main)  
Ramon Villarreal, Men's PATH Beh. Tech. II

## **ATTENTION CSP MEMBERS**

**THE 2018  
MEMBER  
HANDBOOK IS  
CURRENTLY  
AVAILABLE  
UPON REQUEST**



Member Handbook  
2018

**The PYTRBHA Centered Spirit Program  
2018 Member Handbook is currently  
available in English & Spanish.**

**Member Handbook & Provider  
Manual are now available on  
the Internet link under  
Behavioral Health Services:**

**[www.pascuayaqui-nsn.gov](http://www.pascuayaqui-nsn.gov)**

**CSP will provide 2018 Member Handbook  
copies for its providers, subcontracted  
providers & CSP Members.**

# NEW PASCUA CSP GROUP INFORMATION

## CENTERED SPIRIT PROGRAM GROUPS / ACTIVITIES



### AA MEETING

Wednesday: 6pm @ Health Dept. Large Conf. Room  
 Sunday: 7pm @ Health Dept. Large Conf. Room  
 For more info, contact: 520 879-6000

### A SKILLS FOR LIFE GROUP

Thursday: 10am – 11:30am @ CSP-Main Large Conf. Room  
 Lead Contact: Maria C. Molina, BH Clinician  
 520 879-6075, [Maria.C.Molina@pascuayaqui-nsn.gov](mailto:Maria.C.Molina@pascuayaqui-nsn.gov)

### ANGER MANAGEMENT GROUPS

Thursday: 3:30pm – 5pm @ Vahcom House  
 Lead Contact: Steve Velasquez, Adult BH Services Technician  
 520 879-6053, [Steve.Velasquez@pascuayaqui-nsn.gov](mailto:Steve.Velasquez@pascuayaqui-nsn.gov)

### HEALING TO WELLNESS COURT GROUP

*(closed group-DC participants only)*  
 Monday: 5:30pm – 6:30pm @ Vahcom House  
 Tuesday: 1pm – 2pm @ Vahcom House  
 Lead Contact: Luis Canez, Adult Substance Abuse Therapist,  
 520 879-6115, [Luis.P.Canez@pascuayaqui-nsn.gov](mailto:Luis.P.Canez@pascuayaqui-nsn.gov)

### HEALING TO WELLNESS COURT FAMILY SUPPORT GROUP

*(closed group-HTW client's and families only)*  
 Last Thursday of Month: 6pm – 8pm @ Vahcom House  
 Lead Contact: Luis Canez, Adult Substance Abuse Therapist,  
 520 879-6115, [Luis.P.Canez@pascuayaqui-nsn.gov](mailto:Luis.P.Canez@pascuayaqui-nsn.gov)

### KURUES IRAINBOWI GROUP

*(support group - open to community – Ages 16 and up)*  
 2<sup>nd</sup> Thursday of the Month: 3pm - 5pm @ CSP-Main Lrg Conf Rm  
 Lead Contact: Jill Fabian, CSP Program Manager,  
 520 879-6067, [Jill.Fabian@pascuayaqui-nsn.gov](mailto:Jill.Fabian@pascuayaqui-nsn.gov)

### MEN'S PATH HOME N/A MEETING (open to community)

Friday: 6pm @ 7402 S. Camino Vahcom  
 For more info, contact: 520 879-5855

### MIND OVER MOOD

Tuesday: 3pm – 4pm @ Vahcom House  
 Lead Contact: Janet Walker, Adult BH Clinician,  
 520 879-6589, [Janet.Walker@pascuayaqui-nsn.gov](mailto:Janet.Walker@pascuayaqui-nsn.gov)

7490 S. Camino de Oeste  
 Tucson, AZ 85757

Phone (520) 879-6060  
 Fax (520) 879-6099

Crisis Line: (520) 991-7206

*\*(must be CSP enrolled to attend)*  
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## CENTERED SPIRIT PROGRAM GROUPS / ACTIVITIES (cont'd)

**\*MY CHANGING FAMILY (for school age children 1<sup>st</sup> – 5<sup>th</sup> grade)**

Tuesday: 4:30pm – 5:30pm @ CSP-Main Large Conf. Room

Lead Contact: Laura Cockrell, Child/Family Therapist,

520 879-6074, [Laura.Cockrell@pascuayaqui-nsn.gov](mailto:Laura.Cockrell@pascuayaqui-nsn.gov)

**\*SACRED HEALING GROUP**

Tuesday: 5:30pm – 7pm @ Vahcom House

Lead Contact: Luis Canez, Adult Substance Abuse Therapist

520 879-6115, [Luis.P.Canez@pascuayaqui-nsn.gov](mailto:Luis.P.Canez@pascuayaqui-nsn.gov)

**NATIVE AMERICAN 12-Step (open to community)**

Tuesday: 5:30pm – 6:30pm @ Vahcom House

Lead Contact: Luis Canez, Adult Substance Abuse Therapist,

520 879-6115, [Luis.P.Canez@pascuayaqui-nsn.gov](mailto:Luis.P.Canez@pascuayaqui-nsn.gov)

**\*LIFESKILLS AND COMMUNICATION (Adult referrals)**

Tuesday: 11am – 12pm @ New Beginnings Meeting Room

Lead Contact: Dr. Sandy Lucas, CSP Employment Coordinator

520 879-6059, [Sandy.Lucas@pascuayaqui-nsn.gov](mailto:Sandy.Lucas@pascuayaqui-nsn.gov)

**QA MEETING**

Monday: 11am-12pm on T.O. Reservation (San Xavier District)

For more info, contact: Connie T @ 520 577-3768

7490 S. Camino de Oeste  
Tucson, AZ. 85757

Phone (520) 879-6060

Fax (520) 879-6099

Crisis Line: (520) 591-7206

**\*PATHWAYS TO EMPLOYMENT & PERSONAL DEVELOPMENT**

(Adult referrals only)

Tuesday: 2pm – 4pm @ Vahcom House

Lead Contact: Dr. Sandy Lucas, CSP Employment Coordinator

520 879-6059, [Sandy.Lucas@pascuayaqui-nsn.gov](mailto:Sandy.Lucas@pascuayaqui-nsn.gov)

**SWEAT LODGE**

Wednesday: start time 6:30pm

(Sweat Lodge behind PVT Fire Dept. - 4631 W. Calle Torim)

For more info, contact: 520 879-5691

**\*WELLBRIETY (SUBSTANCE ABUSE IOP GROUP)**

Tuesday: 9:30am – 11:30am @ Vahcom House

Lead Contact: Maria Bule, Adult Substance Abuse Clinician

520 879-5650, [Maria.Bule@pascuayaqui-nsn.gov](mailto:Maria.Bule@pascuayaqui-nsn.gov)

**\*RISE/RECOVERY (IOP GROUP)**

Monday, Wednesday, Friday: 2pm – 5pm @ Vahcom House

Lead Contact: Wendy Henner, Adult BH Clinician

520 879-5676, [Wendy.Henner@pascuayaqui-nsn.gov](mailto:Wendy.Henner@pascuayaqui-nsn.gov)

\* (must be CSP enrolled to attend)

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# Centered Spirit Program – Adult Outpatient Services

VAHCOM HOUSE 7426 S. Camino Vahcom Phone: (520) 879-5691

Time	MON	TUE	WED	THUR	FRI	SAT	SUN
8:30am-9:30am	MOVING FORWARD VICHAU VICHA TE ANZAKA Traci Otto	MOVING FORWARD VICHAU VICHATE ANZAKA Genevieve James	MOVING FORWARD VICHAU VICHATE ANZAKA Janet Walker	TTR BEHAVIORAL HEALTH ADULT TEAM MEETING	MOVING FORWARD VICHAU VICHATE ANZAKA Juan Mo Salgado		
9:30am-10:30am	WELLNESS GROUP Genevieve James	WELLBRIETY & SOBRIETY Maria Bule	ACTIVITY – OUTING Melissa Lopez / Sofia Martinez		DAILY LIFE SKILLS Melissa Lopez /	10am-12n <b>Healing to Wellness 3</b> Luis Canez	
11:30 am							
11:30am-1:00pm	ART EXPRESSIONS HEALTHY RELATIONSHIPS Melissa Lopez LUNCH /ESQUINA	STRENGTHEN THE SPIRIT Sandy Lucas LUNCH /ESQUINA		FATHERHOOD MOTHERHOOD IS SACRED/ Alex Alvarez LUNCH /ESQUINA	MINDFULNESS Krisy Schutt LUNCH /ESQUINA		10am – 2:00pm JUST CHILLIN RELAPSE PREVENTION RECOVERY GROUP Juan Mo Salgado
1:00pm-2:00pm	FINDING YOUR VOICE Genevieve James (8 wks. closed grp for women)	HEALING TO WELLNESS 1 Sofia Martinez	Healing to Wellness 2 Luis Canez	RECOVERY GROUP Juan Mo Salgado			
2:00pm-3:15pm	OVERCOMING GUILT & SHAME (RZR) Wendy Henner	PATHWAYS TO EDUCATION DEVELOPMENT Sandy Lucas	CBT Tools (RZR) Steve Velasquez		ACU-DETOX (RZR) Wendy Henner		
3:30pm-5:00pm	EXPRESSING GRIEF & LOSS (RZR) Traci Otto		MATRIV RELAPSE PREVENTION (RZR) Wendy Henner	ANGER MANAGEMENT Steve Velasquez	MINDFULNESS-BASED RELAPSE PREVENTION (RZR) Wendy Henner		
5:30pm-6:30pm	HEALING TO WELLNESS 1 Luis Canez (HTW)	Native American 12-step Aftercare Juan Mo Salgado (open group)	SACRED HEALING (open group) Luis Canez (HTW)	Healing to Wellness 2 Luis Canez			

UPDATED BY DR. SUE THAM, 2/19/19



New Beginnings 7490 S Camino de Oeste Ph: 520-879-6003

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM - 9:20 AM	<b>RED ROAD TO WELLBRIETY</b>  Barbara Pease <small>Health Dep Large Conf Rm</small>	<b>MIND OVER MOOD</b>  Dawn McMillan	<b>LIFE SKILLS</b>  Michael Liddell	<b>GRIEF &amp; LOSS</b>  Barbara Pease	<b>8:00-10:00</b> Meet in the Lobby 10:00 Return <b>EQUINE THERAPY</b> Tortuga Ranch Michael Liddell
9:30 AM - 10:20 AM	<b>ANGER MANAGEMENT</b>  Keith Brock <small>Health Dep Large Conf Rm</small>	<b>RELAPSE PREVENTION</b>  Keith Brock	<b>HEALTHIER RELATIONSHIPS</b>  Keith Brock	<b>TRAUMA INFORMED CARE</b> <small>ACU-DETOX 3<sup>RD</sup> Wk</small>  Andre Mixon	10:00 – 11:30  <b>CREATIVE ART, WELLNESS, &amp; COMMUNITY</b>  Barbara Pease
10:30 AM - 11:20 AM	<b>PAIN MGMT</b> <small>ACU-DETOX 2<sup>ND</sup> Wk</small>  Andre Mixon <small>Health Dep Large Conf Rm</small>	<b>SUBSTANCE ABUSE EDUCATION</b>  Andre Mixon	<b>RETRAIN THE BRAIN</b>  Dawn McMillan	<b>EFFECTIVE COMMUNICATION</b>  Dawn McMillan	<b>11:30 POT LUCK</b>  December 7 February 15 June 7 September 6 <b>Staff</b>

EFFECTIVE 3/17/19 – 5/17/19 (10 WEEKS)

GROUP FACILITATOR'S CONTACT NUMBERS: Keith Brock: 879-5693 Mike Liddell: 879-5061 Dawn McMillan: 879-5859

Barbara Pease 879-6344 Andre Mixon: 879-6091 John Newton: 879-6112 (Manager, New Beginnings)

# GUADALUPE AHCCCS ANNOUNCEMENTS

September 2018



Nau te vo'oho'one allae'ewanta vetchivo  
Together on the Journey to Health

Dear Tribal Member on AHCCCS,

This letter is to advise you of some important changes that is occurring in the AHCCCS Program. These upcoming changes that will affect you and your families on where and how you will get your health care services. **Effective October 1, 2018**. Tribal members who are currently enrolled in a health plan that will not be an ACC plan in their service area will be assigned an ACC plan in their service area. You will be moved automatically to one of the following seven plans:

1. Banner University Family Care
2. United Health Care Community Plan
3. Arizona Complete Health
4. American Indian Health Plan
5. Mercy Care
6. Magellan Complete Care
7. Steward Health Choice

AHCCCS has sent out letters to inform you of the changes and for you to make a choice.

However, if you are not already on **American Indian Health Plan (AIHP)**, there are some very important benefits that you should consider. We **highly encourage** that our Tribal members choose the AIHP because this plan:

- Would provide transportation services to medical/behavioral health appointments.
- Does not have copays or deductibles.
- Would be the **ONLY** plan that will allow you to receive behavioral health services through the Pascua Yaqui TRBHA/Centered Spirit Program.

The Pascua Yaqui Tribe (PYT) Centered Spirit Program also provides to Tribal members on AIHP the following services:

- Mentors
- Respite
- Residential Treatment
- Trauma Specialist
- Art Therapy
- Group Homes
- Transportation for Behavioral Health Appointments

If a tribal member wants to make a change but have not received a letter, they should call AHCCCS directly at 602-417-7000 or you may also call the PYT Managed Care Program at 780-768-2092.

**Or if you want or need help, please contact the PYT Health Services Division at 780-768-200 to make an appointment with one of our Patient Advocates.**

Sincerely,

Reuben T. Howard  
Executive Director

Pascua Yaqui Tribe  
Health Services Division  
7490 S. Camino de Oeste, Tucson, AZ 85757

Pascua Yaqui Tribe Health Department



**AHCCCS Drives Will Be Held at  
Pascua Yaqui Tribal Building  
9405 S. Avenida Del Yaqui  
Guadalupe, AZ 85283  
480-768-2000**

**Staff will be assisting in processing AHCCCS  
Applications**

**Walk-Ins Every Tuesday & Thursday from 9:00 am – 4:00 pm  
Excluding Tribal and Federal Holidays**

**By Appointment only Monday; Wednesday; Friday  
From 9:00 am to 4:00 pm**

**You will need the following documents to process your application:**

Permanent Documents	Temporary Documents
<ul style="list-style-type: none"> <li>○ Social Security Cards *For everyone on Application</li> </ul>	<ul style="list-style-type: none"> <li>○ Residency (A statement from a non-relative, not living with you)</li> </ul>
<ul style="list-style-type: none"> <li>○ Identification (Driver's License, Federal State or Local Government ID, Tribal ID, School ID) *For everyone on Application</li> </ul>	<ul style="list-style-type: none"> <li>○ Income (Paycheck stubs for last 90 Days, a statement from applicant saying that he/she has not worked for last 90 days, or Employment Termination Letter.)</li> </ul>
<ul style="list-style-type: none"> <li>○ Citizenship ( U.S Birth Certificate, Naturalization Certificate, Passport, Military Record of service) *For everyone on Application</li> </ul>	<ul style="list-style-type: none"> <li>○ Expenses (Child Care receipts, Medical Expenses last 90 days, Rent Receipts or Lease, Utilities Statements , Proof of Pregnancy)</li> </ul>

**For further questions or information contact  
Managed Care Office at 520.879.6041  
Or  
Patient Advocate | Managed Care Program |480.768.2092**

**You may also apply for AHCCCS benefits at any DES office, or visit  
[www.healtharizona.org](http://www.healtharizona.org) to submit your application online**



## **CSP LIVE TRAINING OPPORTUNITIES:**

### **APRIL 2019**

<b><u>DATE</u></b>	<b><u>TRAINING &amp; TIME</u></b>	<b><u>LOCATION</u></b>
April 24	Topic: Opioids (Dr. Arredondo); 12pm-1pm (May also include Alcohol session that was meant to be in March); Have your lunch while learning; Please register w/Morgan x5964	Health Dept LCR
April 26	New Employee Orientation (Morgan); 9am-4pm	CSP Admin Conf. Rm.

### **MAY 2019**

<b><u>DATE</u></b>	<b><u>TRAINING &amp; TIME</u></b>	<b><u>LOCATION</u></b>
May 1	Dept of Health HIPAA (Dr. Anderson); 9am-10:30am	Health Dept LCR
May 1	Dept of Health Mandatory Reporting (Dr. Anderson); 11am-12pm	Health Dept LCR
May 2-3	ASIST–Applied Suicide Intervention Skills Training; 8am–4:30pm; Must attend both days Pre-Register with Jill Fabian x6067	Housing LCR
May 10	De-escalation: Any One, Any Place, Any Time (Tonie/Morgan); 9:30am-12pm	CSP Admin Conf. Rm.
May 14-16	White Bison Training Series REGISTRATION CLOSED; 7:30am-5pm; Must attend all three session dates! Please contact Sewa Uusim for questions x6181	Casino of the Sun New Conf. Rms.
May 15, 22, 29	Leading Customer Loyalty-Covey Training; 1pm-2pm	CSP Main LCR
May 29	Topic: DSM V-How to Diagnose (Dr. Arredondo); 12pm-1pm; Have your lunch while learning. Please register w/Morgan	Health Dept LCR
May 31	New Employee Orientation (Morgan); 9am-4pm	CSP Admin Conf. Rm.

*\*Trainings may be added or changed monthly, according to need.*

**Morgan Egan-Murphy MA LMHC**  
Centered Spirit Program Clinical Training and Professional Development

Office: 520-879-5964

Email: [Morgan.Egan-Murphy@pascuayaqui-nsn.gov](mailto:Morgan.Egan-Murphy@pascuayaqui-nsn.gov)

# Provider Advocacy

The PY TRBHA Centered Spirit Program encourages it's Providers and sub-contracted Providers to advise or advocate on behalf of the behavioral health recipient for the following;

- Behavioral Health Recipient's health status, medical care or treatment options, including any alternative treatment that may be self-administered.
- Information the Behavioral Health Recipient needs to decide among treatment options.
- Risks, benefits and consequences of treatment or non-treatment
- Behavioral Health Recipient's right to participate in treatment decisions regarding his or her behavioral health care, including the right to refuse treatment.



## Help Us Stop Fraud, Waste, and Program Abuse

The Centered Spirit Program would like you to help us stop fraud, waste and program abuse. If you have information regarding a member or provider who has been dishonest with us in order to receive CSP services or Benefits we ask you to contact one of the following:

CSP Office: 520-879-6065, Guadalupe 480-768-2000  
 Corporate Compliance Officer, Network Services 520-879-6092  
 AHCCCS Member Fraud Line 602-417-4193 or 1-888-487-6686

### Definitions

**FRAUD:** an intentional deception or misrepresentation made by a person with the knowledge that the deception could result in some unauthorized benefit to himself or some other person. It includes any act that constitutes fraud under applicable Federal, State, or Tribal law.

**WASTE:** is overutilization of services or other practices that, directly or indirectly, result in unnecessary costs to the health care system.

**ABUSE:** A CSP Staff who's practice is not consistent with business or medical practices, and result in an unnecessary cost to the Program, or in reimbursement for services that are not medically necessary or fail to meet professionally recognized standards for health care. It also includes members who's services in an unnecessary cost to the Program.

**ABUSE of MEMBER:** any intentional, knowing or reckless infliction of physical harm, injury caused by negligent acts or omissions, unreasonable confinement, emotional or sexual abuse, or sexual assault.

DID YOU KNOW?



## HIPAA STARTS WITH YOU

- Protecting each person's privacy is a key part of quality care
- Privacy matters
- Protecting PHI is everyone's job. PHI is not everyone's business
- To access records one must have a business need to know
- Respect the privacy of our patients/clients





**TUCSON AREA**  
**7490 S. CAMINO DE OESTE**  
**TUCSON, AZ. 85757**

**PHONE (520) 879-6060**  
**FAX (520) 879-6099**

**CRISIS LINE: (520) 591-7206**

**GUADALUPE AREA**  
**9405 S. AVENIDA DEL YAQUI**  
**GUADALUPE, AZ. 85283**

**PHONE (480) 768-2000**  
**FAX (480) 768-2053**

**CRISIS LINE: (480) 736-4943**

**CSP ST. MARY'S**  
**OUTPATIENT CLINIC**  
**1701 W. ST. MARY'S RD.**  
**CENTURY MEDICAL PLAZA,**  
**SUITE 120**  
**TUCSON, AZ 85745**

**PHONE (520) 879-5450**  
**FAX (520) 207-6409**

**VAHCOM HOUSE**  
**7426 S. CAMINO VAHCOM**  
**TUCSON, AZ. 85757**

**PHONE (520) 879-5691**  
**FAX (520) 879-5696**

**SEWA UUSIM**  
**7490 S. CAMINO DE OESTE**  
**TUCSON, AZ. 85757**  
**PHONE (520) 879-6181**

**GUADALUPE PHONE**  
**(480) 768-2000**

**TRANSITIONAL**  
**TREATMENT PROGRAM**  
**7409 S. CAMINO COCOIM**  
**TUCSON, AZ. 85757**

**PHONE (520) 879-6067**  
**FAX (520) 879-6099**

**NEW BEGINNINGS**  
**CLINIC**  
**7474 S. CAMINO DE OESTE**  
**TUCSON, AZ. 85757**

**PHONE (520) 879-6003**  
**FAX (520) 879-6017**

**YOEME KARI**  
**GROUP HOME**  
**2861 W. VIA HACIENDA**  
**TUCSON, AZ. 85741**

**PHONE (520) 297-6414**  
**FAX (520) 297-6419**

**MEN'S P.A.T.H.**  
**PROGRAM**  
**7402 S. CAMINO VAHCOM**  
**TUCSON, AZ. 85757**

**PHONE (520) 879-5855**  
**FAX (520) 879-5899**

**CENTERED SPIRIT PROGRAM MISSION**  
**STATEMENT**

**“ IT IS THE MISSION OF THE CENTERED SPIRIT PROGRAM (CSP) TO PROVIDE PROFESSIONAL, CONFIDENTIAL, AND CULTURALLY COMPATIBLE BEHAVIORAL HEALTH SERVICES TO PROMOTE HEALING, PERSONAL GROWTH, AND HEALTHY LIVING FOR PASCUA YAQUI TRIBAL MEMBERS AND THEIR FAMILIES IN THE COMMUNITIES WE SERVE. “**