

Pascua Yaqui Tribe

(YAQUI HEALER'S HOUSE)

TUCSON

HEALTH SERVICES DIVISION
PATIENT HANDBOOK



Nau te vo'oho'one allae'ewamta
Together on the Journey to Health

7490 SOUTH CAMINO DE OESTE
TUCSON ARIZONA, 85757
(520) 879-6000

www.pythealth.org

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Phone Directory - Health Programs

Main Switchboard	(520)-879-6000
Alternative Medicine - <i>Dolores A. Flores</i> ... <i>Hiak Hitevi Center</i> & Traditional Medicine.....	(520) 879-6129 (520) 879-6206
Boys and Girls Club - New Pascua	(520) 883-8172
Centered Spirit - Tucson	(520) 879-6060
Men's PATH	(520) 879-5855
New Beginnings Clinic.....	(520) 879-6003
St. Mary's	(520) 879-5450
Vahcom House.....	(520) 879-5691
Centered Spirit - Guadalupe	(480) 768-2000
Community Health Nursing (CHN).....	(520) 879-6119
Maternal Health.....	(520) 879-6299
Specialty Clinic(s).....	(520) 879-6120
DaVita Dialysis Clinic.....	(520) 879-6161
Dental Center	(520) 879-6141
Diabetes Prevention & Treatment Program.....	(520) 879-6200
Drug Testing (DT) Lab Services	(520) 879-6007
El Rio Pascua Clínica	(520) 879-6225
El Rio Pharmacy Pascua (Refills)	(520) 879-6617

Phone Directory - Health Programs

Guadalupe Office(480) 768-2000

Health Information Management(520) 879-6000

Hiapsi Kuakte(520) 879-5752

Home and Community Based Services(520) 879-6020

Injury Prevention / Public Health
 Emergency Preparedness(520) 879-6124

Yoeme Managed Care(520) 879-6041

Patient Benefits Advocate(520) 879-6139

Sewa U’usim(520) 879-6181

 Yoeme Kari.....(520) 297-6414

Transportation(520) 879-6100

WIC Program.....(520) 879-6113

Mission Testamento

U'u Hiak Tri'ibu Pahkua ya'ari'u kaa ko'okoiwame, uka tu'i kaa ko'okoiwamta into uka chea tuisi taka'apo tui'iwamta ama yumariawamta, si'ime Hiak vatora'ata into vem weriwam vetchi'ivo inim Hiak ropo'ohoapo wa'ata.

Itepo te a'a yo'ori ta'a into te a'a yo'ore, waka Hiakita suale'u into a'a tekiawa, into waka Santora sualwamta into ume pahkom.

Hunumpo vеха itepo waka tu'u'uwamta te a'a tekilek, uka kova suawamta, taa'akai into uka sea taka'ata.

Itepo tua eakate uka Hiak hittoata into Lios nokta vеха te sasauwa.

Itepo vеха tua uka ka'a tu'i we'ennemta vat yee tetehwa into uka yeteo tu'ikte ume ko'okoam vetchi'ivo nanaikia hunuen vеха te kaa ko'okoawamta waka tu'iwamta into chea inim a'aune inim itom ropo'ohoapo.

Itepo itom tekiltate uka alle'erita into uka seata nau te inim yoem nau weiripo te a'a hipu'une.

Itepo te si'ime Hiakra'ata vetana te uka tu'i ka'a ko'okoiwamta hipu'ui'ia enchim te hinamiata makne into mahtane hunuen vеха aniawaita hipu'une uka tu'i utteawamta into nah katwamta into kaita huenak enchim sauwane'epo kaita enchim taka'apo hipu'une vetchi'ivo.

Itepo tuate si'ime itom utteammakte uka Hiak ropo'ohoata into si'ime itom hu'uneiya'amak te enchim yo'orine.

Itom yo'orine itom yo'owam lutu'uriatate tekipanoane ume itom yoemia tu'u'uwata, vetchi'ivo into waka, vem tu'u vichauvicha vo'ota vem hipu'une vetchi'ivo.

Mission Statement

The mission of the Pascua Yaqui Tribal Health Service Division's programs is to promote the highest possible standards for the health and well-being of tribal members and their families within all Yoeme communities.

We respect and dignify individual choices and Yoeme cultural values and traditions.

Using a holistic wellness approach, we support healing the mind, body, and spirit. We affirm the use of traditional healing herbs and prayer.

We are committed to the prevention and treatment of disease and to the restoration of health in our Yoeme communities.

We are dedicated in bringing about emotional and spiritual unity within our Yoeme families.

We encourage a healthy lifestyle through support and education of the benefits of balanced nutrition, moderate exercise and freedom from addiction.

We acknowledge the strength of the Yoeme communities and endeavor to honor and share our elders' wisdom for the future of our children.

Through the services of our Health Programs, the Yoeme Nation shall live in balance and harmony within the sacred circle of life.

Tribal Health Staff

Tribal Offices will be closed for the following Holidays:

Federal Holidays

New Year's Day
Martin Luther King Day
Memorial Day
Independence Day
Labor Day
Veteran's Day
Thanksgiving Day
Black Friday
Christmas Day

Tribal Holidays

Holy Thursday
Good Friday
Dia de las Gracias
Tribal Recognition Day
All Soul's Day

Dolores A. Flores Hiak Hitevi Center

Alternative Medicine / Traditional Healing

Hours of Operation: 8:00 a.m. - 5:00 p.m. / Weekdays

Location: Hiak Hitevi Kari, Main Health Building

Call for an appointment: 879-6129

The Alternative Medicine clinic offers naturopathic and chiropractic medicine. We provide herbs, acupuncture, nutritional advice, nutritional supplements, chiropractic adjustments and other treatments. We use such treatments in order to aid the body in healing itself.

Our goal is to prevent and treat illness in order to help one maintain an active lifestyle and promote longevity. We provide services to patients of all ages, and treat all conditions including pain, Diabetes, hypertension, colds, flu, coughs, and Hepatitis C.

Eligibility: Any Tribal Member, their spouse and their dependents, regardless of residence; and any Tribal Employee.

To access the services call 520-879-6129 to schedule an appointment. During your appointment you and your provider will create a care plan that meets your needs.

Services Provided:

- Herbs
- Acupuncture
- Nutritional Advice/Supplements
- Injection and intravenous therapeutics
- Homeopathy
- Aromatherapy and Flower Essences
- Chiropractic Adjustments and other treatments

Traditional Healing Program

Location: Hiak Hitevi Kari, Main Health Building

Hours of Operation:

9:00am - 4:30pm - Weekdays (2 weeks out of the month)

Phone: 520-879-6206 or 520-879-6000 (to leave a message)

Services are first come first served - Walk in system.

The Traditional Healing Program in collaboration with our ancestral Rio Yaqui Healers is working to preserve the Yaqui traditional medicines.

The Yaquis of Arizona and Sonora are reviving Yaqui medicines into the western world. By this integration, we are able to share the art of healing of the spirit, mind and body, using our cultural medicines and beliefs. The goal is to return to using our cultural medicines for healing.

Healers are scheduled on a monthly basis for two weeks at a time (subject to change). Traditional Healers (Hitevi) are available to provide traditional healing services to Tribal members. The Healer/Hitevi will advise and recommend treatment(s), which may include herbal medicine(s), massages, counseling, ceremonies, spiritual healing and prayer at no cost. The PYT is supporting the Healer for their services.

Strict confidentiality is monitored and minimal information is recorded.

Requests for services after 5:00 p.m. outside of Tribal facility are not part of the PYT Program.

Centered Spirit Programs
Sea Takah Na'Asuku

Behavioral Health Services

Hours of Operation: 8:00 a.m. to 5:00 p.m. / Weekdays

24 Hour Crisis Line (7 days a week)

- Tucson Centered Spirit Empact Crisis Services
(520) 591-7206
- Guadalupe Empact Crisis Services (480) 736-4943

Centered Spirit Program Mission Statement

It is the mission of the Pascua Yaqui Centered Spirit Program to provide professional, confidential, and culturally appropriate behavioral health services for Pascua Yaqui Tribal members and their families and to promote healing, personal growth, and healthy living for the individual, the family, and the community.

We serve adults, children and adolescents in individual, family, and group settings. Transportation to and from appointments may be **available** for those who are enrolled in AHCCCS.

**Centered Spirit Programs -
Tucson**

Phone: 520-879-6060
7490 S. Camino de Oeste
Tucson, AZ 85757
*Located in the first module
behind the Administrative
Complex Courtyard
(CSP MAIN on sign)*

**Centered Spirit Programs -
Guadalupe**

Phone: 480-768-2000
Fax: 480-768-2053
9405 S. Avenida del Yaqui
Tempe, AZ 85283

Administration (CSP Admin modular)

Phone: 520-879-6107 Fax: 520879-5972
7490 S. Camino De Oeste, Tucson, AZ. 85757
8:00AM-5:00PM

Adult Services (Vahcom House)

Phone: 520-879-5691 Fax: 520-879-5636
7426 S. Camino Vahcom, Tucson, AZ. 85757
8:00AM-5:00PM

Children and Family Services (CSP Main)

Phone: 520-879-6060 Fax: 520-879-6099
7490 S. Camino De Oeste, Tucson, AZ. 85757
8:00AM-5:00PM

Crisis & Referral Team (CSP Main modular)

Phone: 520-879-6067 Fax: 520-879-6099
7490 S. Camino De Oeste, Tucson, AZ. 85757
8:00AM-5:00PM

Men's PATH- Tucson

Phone: 520-879-5855 Fax: 520-879-5899
7402 S. Camino Vahcom, Tucson, AZ. 85757
24/7 Group Home Facility

New Beginnings Clinic - Tucson

Phone: 520-879-6003 Fax: 520-879-6017
7490 S. Camino de Oeste, Tucson, AZ 85757
Located in the main health building, Hiak Hitevi Kari
Dosing Hours
Weekdays: 5:30 am - 11:00 am
Saturday: 7:00 am-9:00 am

St. Mary's- Tucson Satellite Clinic

Phone: 520-879-5450 Fax: 520-207-6409
Century Medical Plaza
1701 W. St. Mary's Road Suite 120, Tucson, AZ. 85745
8:00AM-5:00PM

Transitional Treatment Program

Phone: 520-879-6067 Fax: 520-879-6099
Cellular: 520-400-2953
7490 S. Camino De Oeste, Tucson, AZ. 85757
(Homes located on Kapo Sewa) 24/7
Office Hours: 8:00AM-5:00PM

Eligibility: Pascua Yaqui Centered Spirit Programs provides general mental health and substance abuse services for enrolled Pascua Yaqui tribal members, their spouse/partners and children under age 18 who reside in Pima and Maricopa counties or surrounding areas. Behavioral health services are provided at no charge; however, you must enroll in the Centered Spirit Behavioral Health Program. That enrollment process will request that you also be screened and if eligible, you must apply for AHCCCS (the state of Arizona's Medicaid program).

How to Access Centered Spirit Program Services:

Any eligible community member may call the Centered Spirit Program office to inquire about services. You will be asked some basic questions and then scheduled to meet with a Member Services Specialist. The Member Services Specialist will meet with you to assess what types of services you need. Then you will be scheduled to meet with a treatment professional to create your Treatment Plan with counseling goals you develop.

CSP Services:

We can help you manage these sorts of issues:

- Depression
- Anxiety
- Grief and Loss
- Stress
- Alcohol or Substance Abuse
- Memory Problems
- Family Violence or Conflict
- Sexual Abuse
- Social Isolation
- Problems with Work or School
- Transition to Adulthood

Adult Services may include:

- Counseling for Individual/Couples/Group/Family
- Substance Abuse Counseling
- Case Management
- Native American Traditional Counseling/Sweat Lodge
- Educational Life Skills Group
- Crisis Intervention
- Accu Detox
- Job assessment services

- Vocational activities
- SMI Day Program
- Substance Abuse Intensive Outpatient Program
- Referrals to:
 - Psychiatrist
 - Psychologist
 - Inpatient or Residential Treatment
 - Hospitalization or Detox

Child and Family Services may include:

- Counseling for Individual/Couples/Group/Family
- In-School Counseling
- Substance Abuse Counseling
- Child/Family Team Wraparound Services
- Native American Traditional Counseling/Sweat Lodge
- Prevention/Education
- Traditional Art Groups
- Home Visits
- Crisis Intervention
- Referrals to:
 - Psychiatrist
 - Psychologist
 - Inpatient or Residential Treatment
 - Hospitalization or Detox
 - Respite Care

New Beginnings Clinic

Provides services at the reservation health facility only for PYT members and their families who seek treatment for Opioid addiction through Methadone maintenance and Suboxone.

There will be a counseling session, medical evaluation, and orientation prior to admission and dosing.

Services may include:

- Substance Abuse Counseling
- Case Management
- Physical Exams
- Methadone/Suboxone Dosing
- Referrals to:
 - Psychiatrist

- Psychologist
- Inpatient or Residential Treatment
- Hospitalization or Detox
- Groups

Men's Pascua Assessment, Treatment, Healing Program (PATH)

Provides residential treatment services at its reservation facility for males over 18 years who are PYT members or related to PYT members and other Native Americans. If space is available, clients enrolled in other federally recognized tribes are eligible. All PATH clients must be over the age of 18 and seeking a quality sober lifestyle. There is a screening conducted for eligibility determination.

St. Mary's Program

Outpatient Behavioral Health Services are available to adults, children and families experiencing challenges in their lives. Clinicians are available to provide individual, family and group therapies using various therapeutic techniques, case management and acu-detox.

Nurse Practitioner provides medication services and offers nutritional and herbal supplements and meditation skills.

Program located behind St. Mary's Hospital in the Century Medical Plaza located at 1701 W. St. Mary's Road, Suite 120.

Transitional Treatment Program

The PYT Transitional Treatment Program Provides Inpatient Transition Living Housing to include Outpatient Alcohol & Substance Abuse & Parenting Counseling Services for PYT Tribal Members with Children on their Road to Recovery. These services include but are not limited to:

- Individual counseling - with TTP Manager and/or CSP Clinician.
- Group counseling - weekly TTP Group and/or other groups as identified.
- Family counseling - with CSP Clinician and/or Social Services Department.
- Parenting Classes.
- Life Skills Classes - to include starting a savings account to transition to own place.
- 12 Step Program - attend AA/NA self help group & provide verification to TTP Manager.
- Prevention/Education - with TTP Manager and/or CSP Clinician - must be willing to provide on-going random UA and participate with random on-going home inspections.
- Case Management - on-going to include referral to Psychiatrist, Alternative Medicine, Transportation (24/7 for medical appt) and/or provide support for court hearings.

Community Health Nursing (CHN) Program

- **Hours of Operation:**
Monday-Friday 8:00 a.m. - 5:00 p.m.

- **Tucson Office**
4725 W. Calle Tetakusim, Annex I
Tucson, AZ 85757
(520) 879-6119 Fax: (520) 879-6135

- **Guadalupe Office**
9405 South Avenida del Yaqui
Guadalupe, AZ 85283
Phone: (480)768-2033 Fax: (480)730-3596

- Maternal Child Health Program (520) 879-6299

The Community Health Nursing (CHN) and Community Health Representatives (CHR) Program provides community health nursing services to individuals and families within the Yoeme communities. Care plans are established through visits to homes, clinics, and communities in order to provide patient care, counseling, health education and referral services. Special emphasis is placed on Maternal and Child Care as well as hospital discharges and follow-up with dialysis patients.

We assist with identifying and accessing other medical services that may be needed, providing direct nursing services, performing health status assessments and conducting public health surveillance. Coordination of patient care includes discharge planning, home visits, consultations with medical providers and ongoing monitoring in the home or care facility.

Our Community Health Nurses are licensed by the state of Arizona and are experienced in working with the tribal membership. Our Community Health Representatives are trained and experienced professional community health care providers supervised by tribally employed nurses and doctors.

Eligibility: enrolled tribal members and their families within Pima County and in Maricopa County, and surrounding areas.

Access to the CHN Program is by *referrals* from health care providers, hospitals, other Tribal programs, and by community members calling the office. The first step is a health status assessment, which will result in a care plan.

Specialty Services and Screening Services:

- Patient Education & Screening: for promotion of health/disease prevention, especially related to diabetes, family planning, obesity and general health maintenance.
- Patient Advocacy: assisting patients with obtaining medical care, prescription medications through AHCCCS plans, or the Phoenix Indian Medical Center.
- Health Promotion/Care Coordination: for all patients enrolled in the Community Health Nursing Program
- Patient Assessments: Provide a comprehensive nursing assessment to patients who would like to be enrolled in our program.
- Medication Management: Medication delivery and medication boxes filled by CHN weekly or bi-monthly
- Nursing care services: is provided in patient's homes or the office setting for chronic medical conditions or for post-discharge care.
- Case management: is completed for complex health related situations for coordination of care.
- Immunizations and TB testing: offered to Adults and Children
- Walk-in pregnancy testing and counseling and assistance/referral for prenatal care
- Transportation escort to medical appointments on a case-by case-basis
- Community Emergency Response trained staff.
- Dialysis CHN liaison for dialysis clients
- Specific nursing care for Maternal Child Health with coordination of services with WIC.

Itom Takaa Te Nake

(HIV/AIDS Prevention Program)

Hours of Operation: Monday-Friday 8:00 a.m. - 5:00 p.m.

Provides services to PYT members and their families on the reservation and surrounding areas who have been affected or are interested in learning about HIV/AIDS, Sexual Transmitted Infections and Hepatitis. Services include but are not limited to:

- Intake Assessments and Screenings
- Prevention/Education
- Referrals to Test Sites
- Demonstrations on Condoms, Dams and Female Condom Use
- Case Management
- Escort and Transport patients for Physician Consults related to HIV/AIDS, STIs or Hepatitis
- Liver Transplant Evaluation and Preparation Assistance
- Needle Exchange Program
- Rapid testing for HIV and Hep-C offered in office
- Narcan Nasal Spray 4mg Opioid Overdose Response/Training
- Kurues 2 Spirit- LGBTQ Peer Support Group with collaboration with Jill Fabian Centered Spirit Program @ 520-879-6067, Frances Cupis @ 520-879-6109, Norma Valencia @520-879-6121

Home and Community Based Services (HCBS)

Hours of Operation: Monday-Friday / 8:00 a.m. - 5:00 p.m.

Location:

Tucson/ALTCS

Phone: (520) 879-6020
7490 S. Camino de Oeste
Tucson, AZ 85757

Tucson We Care

Phone: (520) 879-6127
7490 S. Camino De Oe
Tucson, AZ 85757

ALTCS / Guadalupe
Phone: (602) 480-768-2019
9405 S. Avenida del Yaqui
Guadalupe, AZ 85283

The Home and Community Based Service Program serves enrolled community members in Pima and Maricopa counties who meet program eligibility requirements for long-term care and home health services. Two programs are offered: **ALTCS** is Arizona Long Term Care Services, and an AHCCCS program for elders and the physically disabled.

Services may include:

- ❖ Community Health Nurse home visits
- ❖ Attendant Care Provider home visits
- ❖ Home Delivered Meals
- ❖ Transportation for Medical Appointments
Escort as Necessary
- ❖ Nursing Care Facility Placement

ALTCS Eligibility:

There is a two-step process involved:

- (1) Is the financial eligibility. Resources are accounted for and include but are not limited to: employment income, disability income, savings accounts and other resources.
- (2) Is the medical eligibility. The pre-admission screening is part of the medical process. Both are reviewed and determined by State AHCCCS employees.

The State AHCCCS staff will determine if someone is at risk of institutionalized care. It considers a person's ability to perform daily living activities, communication skills, continence, behavior, and medical conditions among other things. The Primary Care Physician's notes and input are also used to determine medical eligibility.

Once a tribal member is determined to be eligible for ALTCS and has completed an HCBS intake process, a case manager will be assigned and work directly with the member and the member's family. This will insure that the member receives all

services in their care plan and monitors the medical progress of the member.

We Care Program: This is a tribally funded program for Elders, the physically disabled and those who were not eligible for ALTCS and occasionally new mothers who had difficult births. Under the We Care Program, eligible members will receive basic home services by certified attendant care providers. Individual service plans may include homemaking, personal care, general supervision, and companionship.

Specialty Clinics:

Hours of Operation: Monday-Friday / 8:00 a.m. - 5:00 p.m.

Location: Hiak Hitevi Kari, Main Health Building within Alternative Medicine area

Specialty Clinic Phone Number: (520) 879-6120

Referrals are needed from a primary care physician to schedule an appointment.

- Cardiology - Includes: Any Heart Conditions.
- Dietician - on site dietician to assist with nutritional needs
- Gastroenterology - Includes: Irritable bowel syndrome, Inflammatory bowel disease (include Crohn's disease/Ulcerative Colitis), Diverticulitis, Celia disease, Heart burn and GERD, Chronic vomiting, Constipation, Diarrhea, Peptic Ulcer, Pancreatitis, Gallbladder disease, Appendicitis, Nutritional deficiencies, Obesity, Nonalcoholic fatty liver disease, Cirrhosis, GI infections, Colorectal cancer and Viral hepatitis - any esophagus, stomach, liver or intestinal problems.
- Gynecology - Includes: Women's Menstrual Issues, Pap Smears (normal/abnormal), Contraception, Urinary Problems and Simple Procedures
- Hanger - Foot fittings and administration of diabetic shoes

- JVN Retinal Imaging - vision screening for glaucoma or other eye issues

- Nephrology - various kidney disease process

- Orthoplus - new technology to assist with pain in joints, muscles, back, arms, legs or sciatic

- Podiatry - Includes: Nail Trimming, Diabetic Foot Care, Ingrown Toenails, Diabetic Ulcers, Orthotics, Callus Removal

- Podiatry / Senior Center - ***For Seniors Only***
Includes: Nail Trimming, Diabetic Foot Care, Ingrown Toenails, Diabetic Ulcers, Orthotics, Callus Removal

- Physical Therapy - Includes: Treatment services to restore or improve muscle tone, joint mobility, or physical function ordered by a physician

- Rheumatology - Includes: Rheumatoid Arthritis, Lupus, Gout, Fibromyalgia, Joint Pain, Autoimmune Disorders

- Wound - Includes: Any Open Wounds, Cellulitis, Burns, Ulcers, Cysts, Surgical Wounds

DaVita Dialysis Clinic

Pascua Yaqui Clinic

7490 S. Camino de Oeste, Tucson AZ 85757

Phone: 520-879-6161 **Fax:** 520-879-6160

DaVita Dialysis Center is located in the Hiak Hitevi Kari Building (Westside).

The dialysis is operated by the Davita Corporation under contract with the Tribe.

DaVita Dialysis Center provides ESRD (End Stage Renal Disease) services to patients with kidney failure.

Services available to ESRD patients include, but are not limited to the following:

- Staff-assisted hemodialysis as prescribed by the patient's physician.
- Self-dialysis in selected centers.
- Initial and ongoing patient and family education regarding the management of and treatment options for ESRD.
- Comprehensive social services and dietary evaluation and counseling.
- In cooperation with local hospitals, laboratories and transplant facilities, evaluation of patients for renal transportation.
- Followed by Nephrologist and a nurse practitioner.

The Dialysis Center has 13 dialysis chairs and offers dialysis from 5:15 a.m. - 5:00 p.m. on Monday, Wednesday and Friday and from 5:00 a.m. to 3:00 p.m. on Tuesday, Thursday, and Saturday.

Support staff at the Dialysis Center includes a Facility Administrator, nurse, patient care technician, social worker, and dietician.

Each patient treated at the Tribal Dialysis Center must have a treating physician who has been granted privileges to admit patients to the Dialysis Center.

Dental Center

Location: Hiak Hitevi Kari, Main Health Building
For more information and to
schedule an appointment call (520) 879-6141

The clinic hours are from 8:00 a.m. to 5:00 p.m. weekdays

The Tribal Dental Center is a modern, state of the art dental facility equipped with ten dental suites. The entire office is paperless with all dental charting on a computer database. Each dental operator has its own computer monitor with a flat screen.

Daily schedules, radiographs and treatment plans are available immediately.

The staff consists of a dental director, office manager, seven part-time dentists, 2 oral surgeons, a periodontist, an anesthesiologist, two hygienists, 9 dental assistants, Business Assistant, and dental residents from Lutheran Medical Center. Dental hygiene interns from Pima Community College rotate through for prevention. We also partner with Carrington College and Pima Medical Institute for chair side rotations.

To be seen at the Dental Center, you must be an enrolled Tribal member or dependent child (up to the age of 19) of an enrolled Tribal member. Every year, patients must complete an AHCCCS/Alternate Resource screening before your next scheduled appointment. Primary insurance will be used first if you have private insurance, (i.e. MetLife, Cigna, including AHCCCS).

The Tribe provides comprehensive dental services with the exclusion of:

- Orthodontia (Braces); and
- Temporomandibular Joint Dysfunction

We utilize several Tucson based specialist(s) for adults and children if we cannot provide the service at the Dental Center. This therapy is performed only after proper referral from a staff dentist is recommended.

Diabetes Prevention & Treatment Program

Includes Wellness Center Fitness and Recreational Activities & Outreach Nutrition Education

The mission of the Pascua Yaqui Diabetes Prevention & Treatment Program is to nurture and empower the culture and longevity of the tribe - physically, emotionally and spiritually, through diabetes prevention, education and support services.

The program offers diabetes related education, including nutrition education, cooking demos and shopping tours, diabetes self-management, and lifestyle balance and adult weight loss classes, as well as outreach and support services. The community dietician can also provide 1:1 or family nutrition counselling. The program also offers a range of physical activity and recreational opportunities at the Wellness center and in the community for PYT Tribal members, their dependents, and tribal employees.

Wellness Center
5305 W. Calle Torim
Tucson, AZ 85757
520.879.6203

Hours of Operation: Monday - Thursday / 6:00 am-9:00 pm.
Friday 6:00 am- 8:00 pm. Saturday 8:00 am -12:00 pm.

To schedule the Wellness Center for an event call 879-6203

Please visit us on the Health Department's website at:

<http://www.pascuayaqui-nsn.gov/index.php/features/health-services>

**or follow us on Facebook
PYT Diabetes Prevention and Treatment**

What do we do?

Physical activity and personal fitness is promoted through the PYT Wellness center to encourage individuals and families to stay within a healthy weight range and reduce the risk for diabetes. Several programs target children and youth including after-school programs. There is something for the whole family:

The wellness provides activities year round

- Exercise Classes
- Fitness Room
- Spin classes
- Conditioning classes
- Youth Wellness
- Sports Leagues and Tournaments
- Boxing
- Powerlifting Team
- Yoga
- CATCH, afterschool and Fitkids programs
- Aquatic facility: swimming, water aerobics
- Dance classes

Fitness room: offers exercise equipment for registered members to use. Trained staff will show you what to do- at your own pace. They also offer personalized assessment, support and training.

Classes: spinning, yoga, Zumba, Pacific Island dance, powerlifting, boxing, water aerobics and fitness challenges.

Recreational activities: sports leagues: basketball, volleyball, baseball, chair volleyball for seniors, Little League, summer youth programs, golf, hiking club.

Basketball Gym Hours:

Monday - Thursday 9:00 a.m. - 9:00 p.m.

Friday 9:00 a.m. - 8:00 p.m.

Saturday 8:00 a.m. - 5:00 p.m.

El Tour de Tucson - Team Yaqui: Each year a team of Yaqui riders participate in the El Tour de Tucson. Leading up to the event in November, they train, go on group rides, hold bike clinics, all to take the challenge of Fighting diabetes one mile at a time.

Summer CATCH and Fit Kids Programs: to keep children active, eating healthy food and having fun.

Pool of Water: Summer fun, swim lessons, water aerobics, lifeguard training, family movie nights.

Pool hours: Open June through October 10:00 a.m. - 6 p.m.

Please call 520-879-6298 for current hours.

Community activities and events: Fun runs and walks, tournaments, Recognition Day events and other celebrations.

The facility is available for approved community use when not scheduled for other activities. Call 879-6203 for current activities or to inquire about facility use for an event.

**Please visit us on the Health Department's website at:
<http://www.pascuayaqui-nsn.gov/index.php/features/health-services>**

**or follow us on Facebook
PYT Diabetes Prevention and Treatment**

**Diabetes Prevention Program:
Outreach and Nutrition Education**

4960 W. Vai Sevoi
Tucson Arizona 85757
520. 879.6200

To schedule an appointment or class call 879-6137

Hours of Operation: Monday - Friday / 8:00 am- 5:00 pm.

What do we offer? The Outreach Education team offers 1:1 education, lifestyle balance and weight loss classes and support to help you and your family lead healthier lives, through eating nutritious and traditional foods and staying active and well.

Cooking demos: learn how to make delicious and healthy meals and simply tweak your old favorites with healthy ingredients.

Nutrition education: meal planning, shopping tours and 1:1 consultation with our Community dietitian.

1:1 or group education classes on how to prevent or manage diabetes and lead a healthy, balanced life.

Community screening for blood sugars, A1 C's and cholesterol to help you stay within the healthy range.

- Diabetes prevention and health education 1:1 and group
- Diabetes Self-Management classes
- Nutritional counseling & meal planning
- Personal goal setting
- Cooking classes
- Walking club, and more!

Employee Wellness

The program offers several opportunities to tribal employees to engage in health promotion programs including:

- **Hitevi Kari** (Healing House) is a 12 week lifestyle balance, healthy eating, stress reduction and adult weight loss class based on the CDC's PreventT2 curriculum, with proven results.
- **Fit to Play** is an employee wellness incentive program to encourage tribal government employees to be physically active and use their employee wellness hours available to health department employees. This is sponsored by the tribe's contracted health insurance provider to offer incentives for increased participation in wellness center programs and nutrition education classes.

Drug Testing Lab Services

Location: Hiak Hitevi Kari, Main Health Building
Hours of Operation: Weekdays / 5:30 a.m. to 5:00 p.m.

Last check in is 5:00 p.m

Phone: (520) 879-6007

The Drug Testing (DT) Lab Services, since July 2001, offers services for tribal community members of any age. Offering quick and accurate testing to determine if an individual has used certain drugs may help address a potential problem. Testing for community members is by urine analysis only. Should some one test positive or require some assistance, we can refer you to the appropriate program for assistance. Further testing for continued use is also available upon request. All results are reviewed with the requester.

All testing is confidential and the only requirements are to bring a photo I.D. and proof of social security number or enrollment I.D. (other ID's are acceptable, call for information). A parent/guardian must come in to verify identification of a minor.

First drug screen is free of charge; additional drug screenings are \$9.00. Confirmation screens are available for \$30 per drug of abuse. Call for detailed information.

Other services: Upon request, the program also provides drug and alcohol prevention education to schools, employees, and communities. For more information on drug and alcohol prevention presentations please contact the DT Lab Services at the above numbers.

The DT Lab Services provides on-going services for the Tribal Human Resources Department, the Social Services Division, the Athletic Commission, the tribal court programs, and the New Beginnings Clinic.

El Rio - Pascua Health Clinic

Location: Hiak Hitevi Kari - Health Facility
(Main Health Building - West Entrance)
7490 S. Camino De Oeste

Phone: (520) 879-6225

Hours of Operation: Weekdays / 8:00 am - 5:00 pm
Closed for lunch 12:00 - 1:00 pm
1st and 3rd Wednesdays of the month open 9:00 am to 5:00 pm

Pharmacy Hours: Monday - Thursday 8:30 am - 6:00 pm
Friday 8:30 am - 7:00 pm
Closed for lunch 12:00 - 1:00 pm
1st and 3rd Wednesdays open at 9:00 am

Pascua El Rio Pharmacy Refill Line: (520) 838-6617

To access services, call for an appointment starting at 7:00 a.m. each weekday.

If you are experiencing an urgent matter after working hours and wish to speak with a triage nurse, please call 520-670-3909 and ask to speak with a triage nurse.

If you are experiencing an EMERGENCY: Call 911

The El Rio Pascua Clinic provides outpatient medical services on the reservation to community members. Services are cost-free if you are enrolled in the Yoeme Health Program or the state AHCCCS program. Covered services include the following:

- Doctors Office Visits
- Family Practice and Pediatrics
- Routine Immunizations and Boosters
- Diagnostic procedures (including lab work and x-rays)
- Clinical pharmacy
- Consultations by Specialist (by approval of your primary care physician and your health plan coverage)

Other El Rio Clinic sites available for Tribal members enrolled in the Yoeme Health Program or AHCCCS:

1. El Rio Main Clinic at 839 W. Congress, 520-670-3909
Pharmacy Hours: Monday - Friday 8:30 am - 8:00 pm
Saturdays 8:30 am - 5:00 pm
1st & 3rd Wednesdays open at 9:30 am
(Closed 12:00 pm - 1:00 pm for lunch)
2. El Rio Southwest Clinic at 1500 W. Commerce Court (West Valencia Road) 520-670-3909
Pharmacy Hours: Monday - Friday 8:30 am - 8:00 pm
1st & 3rd Wednesdays open at 9:30 am
(Closed 12:00 pm - 1:00 pm for lunch)
3. El Rio Northwest Clinic at 320 W. Prince Rd., 520-670-3909
Pharmacy Hours: Monday - Friday 8:30 am - 8:00 pm
1st & 3rd Wednesdays open at 9:30 am
(Closed 12:00 pm - 1:00 pm for lunch)
4. El Rio Southeast Clinic at 6950 E. Golf Links, 520-670-3909
Pharmacy Hours: Monday - Friday 8:30 am - 8:00 pm
1st & 3rd Wednesdays open at 9:30 am
(Closed 12:00 pm - 1:00 pm for lunch)
5. El Rio Pueblo Clinic at 101 W. Irvington, 520-670-3909
Pharmacy Hours: Monday - Friday 8:30 am - 8:00 pm
1st & 3rd Wednesdays open at 9:30 am
(Closed 12:00 pm - 1:00 pm for lunch)
6. Special Immunology Associates (SIA), 520-670-3909
1701 W. St. Mary's Rd. Suite 160, St. Mary's Plaza
Pharmacy Hours: Monday - Friday 8:30 am - 8:00 pm
1st & 3rd Wednesdays open at 9:30 am
(Closed 12:00 pm - 1:00 pm for lunch)
7. Health On Broadway, 1 W. Broadway Blvd 520-309-4200
Uses Congress Pharmacy

Health Information Management Program

Location: Hiak Hitevi Kari, Main Health Building

Hours of Operation: Weekdays / 8:00 a.m. to 5:00 p.m.
Except for Holidays

The Health Information Management Program is committed to providing the highest quality of service to patients served by the Pascua Yaqui Health Service Division by maintaining confidentiality and security of all protected health information.

Contact Information:

If you have seen a Community Health provider and want copies of your protected health information or your health record, you can request it by filling out a release of information form. Please call (520) 879-6026 for more information and/or questions.

If you feel your PRIVACY has been violated, call
(520) 879-6000 and ask to speak to the Health Privacy Officer.

Hiapsi Kuakte “Change of Heart”

7490 S. Camino Vahcom - Vahcom House
(520) 879-6000

Contact: (520) 879-5770

Office Hours: Weekdays 8:00 a.m. to 5:00 p.m.

Domestic Violence intervention services: please call for schedule

The Hiapsi Kuakte Program provides services in Pima County and surrounding areas for PYT members and their families who have been court mandated to domestic violence intervention services for felony or misdemeanor offenses involving the acts of violence. Self-referrals are also accepted. Services may include:

- Educational Sessions on life skills, personal responsibility, and accountability with an emphasis on Yoeme culture. Separate sessions are conducted (when applicable).
- Prevention/Intervention Workshops/Education throughout the Yoeme communities.
- Crisis on-call services: 24/7, always available by telephone.
- Reporting individual progress to referral agencies.

To access the program Call-in or Walk-in and complete an initial screening:

- 1) Walk-ins: Bring photo ID, agency referral, and police report.
- 2) Call-ins: bring photo ID, agency referral, and police report on date of enrollment appointment.

An enrollment appointment will be scheduled for Monday - Fridays according to availability.

- 3) Come to enrollment appointment as scheduled. If you do not meet the criteria of the program your referral agency will be notified or if, HKP deems that you require additional services, referrals and recommendation will be completed.

When the enrollment process is completed, the client is to attend the men’s or women’s group sessions at least one time a week. The number of group sessions a client is to complete varies for each participant.

Injury Prevention and Public Health Emergency Preparedness

Location: 4725 W. Calle Tetakusim, Annex I

Phone: (520) 879-6124

Office Hours: Weekdays / 7:00 a.m. to 4:00 p.m.

The Injury Prevention and Public Health Emergency Preparedness Program goal is to reduce harm, disabilities and deaths due to unintentional injuries and violence and provide other trainings regarding emergency preparedness for Tribal health staff, other tribal staff, and Tribal community members. Referrals are accepted from other Tribal Programs. Program services include:

Home Safety Evaluation

- Home visits: Elders and Families with children
- Referrals to other programs for home safety improvements

Bike Helmets

- Giveaways
- Fittings
- Bike Rodeos

Child Passenger Safety In-Services

- Installations
- Check/ Education

Training

- Child Passenger Safety Technician Courses
- Injury Prevent Short Courses
- Risk Communication and Emergency Response Course
(National Incident Management System Courses:
 - IS - 100, IS - 700)
- Community Emergency Response Team Training

Services offered in New Pascua, Old Pascua, South Tucson, Barrio Libre, Marana, and Guadalupe. Services can be obtained in person or by phone. All documentation is considered confidential.

Sewa U'usim Community Partnership

Services for Youth and Their Families

Main Program Office: 7490 S. Camino De Oeste
Tucson, AZ 85757
(520) 879-6181
Fax: (520) 879-6180

Hours of Operation: Weekdays / 8:00 a.m. until 5:00 p.m.
Evenings and Weekends as scheduled.

It is the vision of the Sewa U'usim Team to provide an innovative community treatment program for children with "heart loss, thought loss" (behavioral and mental health support), in need of guidance to good balance. By utilizing a wraparound approach, the team provides individualized and comprehensive care to families within their homes, schools, and communities. Families' voices are heard to guide the support services that build on the unique strengths of each child and each family. Services offered may include:

Family Services:

Ili Uusim Hiapsi Program (Little Children's Hearts)

A community and home-based, voluntary program **servicing** families during pregnancy and after the birth of the baby, up to 10 years of age.

- Developmental Assessments and Screenings
- Home Visitation focusing on:
 - ❖ Child Development Education
 - ❖ Teaching Positive Parent-Child Interaction
 - ❖ Nutrition Education
 - ❖ Safety Education
 - ❖ Positive Discipline
 - ❖ Linking Families with Community Services
- Intensive Case Management
- Crisis Intervention
- Care Coordination

- Family support groups
- Early Child Mental Health Consultation
- Child & Family Therapy
- Equine Therapy
- Parenting Support and Education
- Cultural Art

Wraparound Program

A community and home-based, voluntary program servicing families during pregnancy and after the birth of the baby, up to 22 years of age. Wraparound Support services include local and outside agencies and natural supports.

- Assessments and Screenings
- Intensive Case Management
- Crisis Intervention
- Care Coordination
- Behavioral Counseling
- Youth & Family support groups
- Child & Family Therapy
- Equine Therapy
- Parenting Support and Education
- Family Mentoring
- Volunteer Opportunities
- Equine Therapy
- Art Therapy
- Tobacco Abuse Prevention Program
- Teen Pregnancy Prevention Program
- Parenting Support and Education

- Volunteer-led Community Closet
- Cultural Arts
- Tortuga Ranch

Youth Services:

- Wraparound Program services and supports
- Youth support groups
- Youth Mentor Program
- Youth Talking Circles
- PYT Youth M.O.V.E. Chapter
- Volunteer Opportunities
- Youth Drop-in Center
- Youth Gardening & Ranch activities
- Horsemanship Skills Program
- Teen Pregnancy Prevention Program
- Volunteer-led Community Closet
- Happy Food Program - Food Pantry
- Cultural Arts
- Tortuga Ranch
- Boys & Girls Club Partnership

Specialty Adult Services:

- Wraparound Program services and supports
- Young Adult Transition Support
- Women's Wellness Equine
- Men's PATH Equine
- Veteran's Equine
- Family Equine

Kava'i Hitevi (Horse Healers) & Tortuga Ranch

- Equine Therapy
- Horsemanship Skills Activities
- Relationship Building Activities
- Cultural Arts
- Desert Planting & Harvesting
- 4H Livestock & Planning

Yoeme Kari Group Home:

Contact Sewa Uusim Main Phone: (520) 879-6181

Yoeme Kari Group Home is a residential treatment center for PYT male member(s) under the age of 18 who are having family, substance abuse, emotional, or legal challenges.

Yoeme Kari Services may include:

- Assessments & Screening
- Counseling for Individual/Couples/Group/Family
- Prevention & Education
- Positive Living Skills Development
- Substance Abuse Counseling
- Transition to adulthood services
- Family Workshops
- Support services include local and outside agencies and natural supports

Transportation Program

Location: Hiak Hitevi Kari, Main Health Building
Tucson Office: (520) 879-6100 or (520) 879-6101

Hours of Operation: 3:00 a.m. to 7:00 p.m.

Leave a message on the answering machine if no one answers.

The Pascua Yaqui Transportation Program provides medically related non-emergency transportation to members (their non-Yaqui spouses and dependant children) of the Pascua Yaqui communities in Pima, Marana and Maricopa Counties. Patients are transported to medical and health care provider sites only.

Transportation will be provided to and from appointments in a timely, professional manner, on weekdays except for holidays, and Saturdays for Dialysis patients only. Transportation for dialysis patients should be arranged through their Community Health Nurse.

3-days advance notice is needed for requests for health related transportation. Same day requests may be accommodated only if space is available and require that the patient show a Proof of appointment verification to the Transportation Driver for the return trip. It is best to call to request transportation when your appointment is scheduled.

Transportation services are limited to the following:

1. Patients with health related appointments that have no means of transportation to non-emergent appointments at health facilities.
2. Patients on oxygen who can operate their own portable oxygen unit.
3. Responsible adults accompanying:
 - a. elderly needing assistance.
 - b. children with appointments.
 - c. physically or mentally disabled patients not able to take care of themselves.

Transportation is not available to the Methadone Clinic, any pharmacy, AA meetings, or counseling sessions.

Guadalupe Office: (480) 820-1127

Women, Infant, and Children (WIC)

Location: Pascua Yaqui Community Resource Center
(520) 879-6113

Hours of Operation: Monday - Friday 8am to 5:30 pm

Late Clinic: 3rd Tuesday of the month open until 7 pm

Walk-ins welcome at 8:15 am or 1:15pm

Plus field clinics listed below.

WIC is a nutrition program that helps families feed their children healthy foods. WIC provides nutrition information, healthy food, and help accessing health care to moderate to low-income families. The program is available to families with pregnant women, new mothers, and children under the age of five.

What Can WIC Offer My Family?

- Checks that can be used at the grocery store to buy healthy foods like milk, yogurt, whole grains, beans, juice, eggs, cheese, cereal, peanut butter and fruit and vegetables.
- Information about nutrition and health to help you and your family eat well and be healthy
- Help with breastfeeding your baby
- Help in finding health care and other community services
- Breast pumps to help you breastfeed even when you return to work

Can My Family Enroll In WIC?

WIC is for all kinds of families - families with married or single parents and those who are working or not working. WIC has different requirements than SNAP (Food Stamps) so even if you don't qualify for SNAP, you may still qualify for WIC.

- If you are a father, mother, grandparent, foster parent or other legal guardian of a child under 5 years of age, you can apply for your child.

- If you are a woman who is pregnant, breastfeeding, or has a baby up to six months old, you can apply for yourself.

WIC Field Clinics:

- Second Wednesday of Every Month
Three Points Robles Ranch Community Center
10:30 am - 12:30pm
- Second Thursday of Every Month
Old Pascua Richey Resource Center 1:30 - 3:30 pm.

Notes: _____

Yoeme Managed Care Program

Location: Health Annex 2, 4725 W. Calle Tetakusim

Hours of Operation: Weekdays/ 8:00a.m. - 5:00p.m.

Phone: (520) 879-6041

The Yoeme Health Program (YHP) is *not* an insurance plan or entitlement program and does not guarantee payment for services provided. The Program assists eligible tribal members residing in Pima County with health care services. In order to be eligible you must first apply for alternate resources such as AHCCCS, Medicare and/or Private Insurance. The Yoeme Health Program is a federally funded program that offers Purchase Referred Care (PRC) for eligible participants, through the use of limited funds provided through the local IHS Area office. The program provides patient advocacy and assistance to apply for various health programs.

Patient Advocacy services may include helping tribal members apply for AHCCCS, Medicare or help to find other coverage to meet patients' health care needs. The Program Patient Advocate/Benefits Coordinators will also help you if you receive medical bills or denial letters.

The **Yoeme Health Program** covers most health care needs for eligible Tribal members living in Pima County. Basic services are provided at the El Rio clinics listed in the front of this handbook. **Don't wait until you are ill to enroll in the Yoeme Health Program.** Apply now to ensure that you and your family can get health services when needed. Please check your member handbook for a full listing of covered and non-covered benefits. Please be aware that these services are based on available funding.

Types of services that may be available are:

1. El Rio Clinic office visits and specialist visits when authorized by your El Rio doctor.
2. Complete pregnancy care, before, during and after delivery as well as newborn/neonatal care.
3. Hospital care.

4. Pharmacy
5. Medical supplies and equipment when medically necessary.

In addition, preventive services are provided to keep you and your family healthy. The following are some of the services available that you should discuss with your El Rio doctor:

1. Immunizations
2. Pneumonia and Flu Shots
3. Screening for Diabetes
4. Mammograms
5. PAP Smears
6. Prostate Exams
7. TB Skin Test

Optical Services

Members residing within Pima County are eligible for limited optical services under the Yoeme Health Program. Members must have a current and completed Alternate Resource application (i.e. AHCCCS, Medicare etc.). Since funding is limited, members are required to utilize alternate resources such as Vision service Program (VSP), Private Vision Insurance and AHCCCS primarily. Copays will be the responsibility of the member when an alternate resource is available. If you choose to go to a provider of your choice, you will be responsible for the cost of those services.

Prior Authorization is required before seeing the contracted provider. Optical services are restricted to one (1) eye exam and one (1) pair of eye glasses/contacts every two (2) years. Children or Seniors (60+) may be eligible for services yearly based on funding and medical need.

Optical services include: Eye exam and frames/lenses or contacts at contracted rate. Additional features such as tinting, progressive lenses or other upgrades (not medically necessary) will be the responsibility of the member.

Replacement cost for lost/damaged/stolen glasses or contacts are not covered by the program, unless medically necessary.

To access health services through the Yoeme Health Program, you must bring the following to enroll into the Yoeme Health Program (YHP):

1. Tribal enrollment letter(s) for everyone you seek to enroll in the Yoeme Health Program.
2. Proof that you reside in Pima County; by providing at least three (3) of the following documents:
 - a. A Pima County rent/mortgage receipt in name of head of household.
 - b. A valid Arizona Motor Vehicle Operators License or Arizona State ID card with a Pima County address.
 - c. Current AZ vehicle registration issued within the last 12 months showing a Pima County address.
 - d. Official transcript from any school or college showing dependent children enrolled in a Pima County school.
 - e. Evidence of AZ Voter Registration in Pima County.
 - f. Prior year Federal or State income tax submission, indicating an address in Pima County and listing all family dependents.
 - g. Documentation from PYT Housing Department with listing of household composition.
 - h. A notarized statement providing proof of residency (as a last resort only).
3. Proof of Income: Check stubs for 90 days.
4. Picture ID.
5. Birth Certificate.
6. AHCCCS ID Card.
7. Medicare Insurance Card.

Can I be on AHCCCS and use the Yoeme Health Program at the same time?

Request for services not covered by AHCCCS (e.g., some durable medical equipment, adult optical services) may be submitted to the Yoeme Medical Review Committee for consideration. Approval of these services may be based on funding availability. Once you are eligible for AHCCCS or other coverage, you become “ineligible” on the Yoeme Health Program. If you lose your AHCCCS eligibility or other insurance coverage, notify the Patient Advocate at 879-6012 or the El Rio Patient Benefits Coordinators at 838-7225 or 879-6139, as soon as possible, so you may re-apply under the Yoeme Health Program.

Phone Numbers for Yoeme Managed Care Program:

Toll Free	(888) 443-0044
Customer Service	(520) 879-6041
Patient Advocate	(520) 879-6012
Patient Benefits Coordinator (El Rio Pascua)	(520) 879-6139
Patient Benefits Coordinator (El Rio Pascua)	(520) 838-7225
Patient Benefits Coordinator (El Rio Pascua)	(520) 879-6270

New Pascua Boys & Girls Club

Location: 5010 W. Calle Torim

Phone: 883-8172

Provides several activities as a charter of the Tucson Boys & Girls Club.

Mission Statement:

The mission of the Boys and Girls Clubs of Tucson is to provide young people in Tucson, especially those who need us most, with a clear path to reach their full potential and pursue their dreams.

Clubhouse History:

At the request of the Tribal Council, a Boys & Girls Club program was initiated on the Pascua Yaqui reservation on January 5, 1999.

Club Programs:

The Pascua Yaqui, Boys & Girls Club is dedicated to ensuring that all youth have greater access to caring staff, quality programs and a safe club that will enhance their lives and shape their futures. The following are some of the programs the Pascua Yaqui Clubhouse offers throughout the year. The clubhouse offers programs in five core areas Character & Leadership Development, Education & Career Development, Health & Life Skills, The Arts, and Sports & Recreation.

Over 40 Fun Enrichment & Athletic Programs:

- Keystone Clubs
- Torch Clubs/Junior Leaders
- Rookie Rock Stars
- C.I.A.-The Clubhouse Internship Academy
- Girls Night
- Toast Masters
- Youth of the Year
- Diplomas to Degrees (d2D)
- Career Launch
- Money Matters: Make It Count
- Power Hour: Making Minutes Count

- Project Learn
- Club Tech(s)
- College Tours, College Fairs/Career Nights
- Together Raising Awareness in Indian Life to Diabetes Prevention (T.R.A.I.L)
- Triple Play's Healthy Habits
- Parks In Focus
- Passport to Manhood
- Date SMART
- SMART Moves
- SMART Leaders
- SMART Girls
- Basketball Leagues
- Fun Field Trips
- S.T.E.A.M. Based Programs

School Year Hours of Operation:

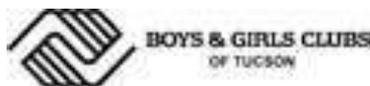
M-T-TH-F: 3:00 p.m. - 8:00 p.m.
 Wednesday: 2:00 p.m. - 8:00 p.m.
 Teen Hour (Every Thursday): 8:00 p.m. - 9:00 p.m.
 Closed Saturdays & Sundays

Summer Session Hours of Operation:

Monday-Friday: 9:00a.m. - 5:00 p.m.

Membership Dues:

\$10 per school session & \$20 summer session
 Scholarships available (NO KID IS EVER TURNED AWAY)



Patient Rights / Complaint Procedure

The Pascua Yaqui Tribe holds the well-being of its Tribal Members as a sacred responsibility. In carrying out this responsibility, the Tribal Health Programs staff is committed to providing in a courteous, confidential, and professional manner, the best health care and services possible.

If you feel we have not fulfilled this responsibility, you have the right to submit a written complaint to the Health Director at the Hiak Hitevi Kari building. Contact the Receptionist to complete a Complaint/Concern Notification form.

We will investigate and attempt to resolve your complaint in writing within 30 days of receiving of your complaint. If you feel that your complaint has not been resolved to your satisfaction, you may contact the Tribal Chair Office at (520) 883-5000.

Thank you,

Health Department Staff

HEALTH SERVICES DIVISION
PATIENT HANDBOOK

2018-2019



<http://www.pascuayaqui-nsn.gov/>