PASCUA YAQUI TRIBE DEPARTMENT OF SENIOR SERVICES DIRECTORY



7601 S Camino Benem Tucson, Arizona, 85757 Main/Help desk number 520-879-5530

Location & Hours of Operation

Tucson Location: 7601 S Camino Benem Tucson, Arizona 85757 Hours of Operation: Monday-Friday Hours: 8:00am-5:00pm

Guadalupe Location: 9405 S Avenida Del Yaqui Guadalupe, Arizona 85283 Hours of Operation: Monday-Friday Hours: 8:00am-5:00pm

Department of Senior Services Management

Maria Paisano, MSW - Division Director Phone: (520) 879-5546

Rebecca Matuz - Program Manager Phone: (520) 879-5539

SENIOR SERVICES MISSION/FUNCTION STATEMENT

To provide supportive services that improve the quality of life of elders by fostering an environment that is safe, enjoyable, and stress-free, where elders are treated with dignity and respect. By promoting a healthy diet, regular exercise, and positive socialization, to prevent health disparities, obesity, and social isolation.

The Pascua Yaqui Tribe Liogue Senior Center is a program for tribal seniors fifty-five (55) years of age or older. The Liogue Senior Center provides a safe and quality environment with specialized nutritional meals, physical activities, cultural functions, travel excursions, and health screens. Our services focus on the prevention of institutionalization, malnutrition, and social isolation. The Liogue Senior Center's staff assists clients with establishing needed services and transportation. The wide array of available services improves and supports the quality of life for all seniors involved in the Liogue Senior Center activities.

The Senior Center accepts volunteers. To become a volunteer, one must pass a criminal background check and must go through the application process at the Human Resources Department. For more information, please get in touch with Maria Paisano-520-879-5546.

PROMOTING OUR ELDERS' QUALITY OF LIFE

The Senior Service Department's goal is to provide direct services and provide information and referral services to improve the quality of life through fostering an environment that is safe, enjoyable, and stress-free, where elders are treated with dignity and respect.

We have a variety of daily activities like:

- Hot Breakfast & Lunch
- Arts & Crafts
- Cinema Day
- Exercise Classes
- Chair Volleyball

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- Billiards
- Socialization Trips
- Tribal Family Caregivers Training
- Educational Workshops
- Senior Companion Program
- Support for Grandparents Raising Grandchildren

Services and Resources Available:

- Nutrition Program In congregate meals Monday thru Friday Breakfast: 8:30 am to 9:30 am Lunch: 11:30 am to 12:30 pm
- The Liogue Senior Center offers congregate Nutrition Services that support a well-balanced dietary intake, a healthy diet can improve physical and mental health, sustain a healthy weight, to prevent adverse health conditions. The Liogue Senior Center offers congregate Nutrition Services that support a wellbalanced dietary intake; a healthy diet can improve physical and mental health, sustain a healthy weight, and reduce adverse conditions like heart disease and other medical problems.
- The Liogue Senior Center Nutrition Program also provides services to eligible persons with disabilities. Home Delivered Meals is one of the many services that delivers nutritious and traditional meals to seniors living within the service areas. The meals follow FDA dietary guidelines that supply a minimum of one-third of the current Dietary Reference Intakes (DRIs) established by the Food and Nutrition Board of the National Academy of Sciences. Adequate nutrition for older adults is vital due to increased vulnerability to chronic diseases, and conditions that may impair their ability to function, access to adequate food and nutrition is vital to all older adults and individuals with disabilities.
- Transportation: Our drivers deliver meals to our seniors throughout the Pascua Yaqui Tribe Reservation, South Tucson,

Old Pascua, and Marana area. Our meal delivery staff also provide a daily visual welfare check and can bring back messages or information to the social workers. Elders are transported weekly to the center so that they can take part in nutritional services and activities. Drivers can provide transportation to our seniors, as needed, for shopping, paying bills, going to the bank, and picking up medication, and escorts to outside agencies such as Social Security, DES, for in-person appointments, etc. Transportation services are conducted by appointment only (with 24-hour notice and must be within the service area).

• Community Health Wellness/Education: The Liogue Senior Center partners with the PYT Health Department to provide essential health and wellness checks/services of the following: (The senior center also has a full-time CHR/EMT)

In-Center Services:

- Covid Testing & Vaccines
- Wellness Screening
- Blood Pressure Checks
- Diabetes /Podiatry Clinic
- Medical Escorts (24hrs. advance notice required)

Social Services

- Intakes
- Case Management
- Daily/Weekly Telephone Calls
- Information & Referrals
- Advocacy
- Home Visits/Check-Ins
- Limited Transports & Escorts (Clients with appointments only)
- Food Boxes
- Ombudsman
 - State Certified Representatives visit seniors in hospitals and nursing homes to ensure they are properly cared for and to take any reports of abuse.

• Caregivers Program: Offers a variety of services

- Support Groups
- Trainings
- Informative Pamphlets
- Recruitment/Outreach
- Assistance for Grandparents Raising Grandchildren

• Senior Companion Program (PCOA)

- Paired with a senior to promote socialization
- Stipend program for eligible members
- Companionship at the senior center
- Delivery of the Senior Center Newsletter

Council of Elders (COE): 11 members, advocate for their peers and assist management with program development.

Must be 55 years of age or older, must be an active member of their community, voted in by their peers, hold a two-year term, attend all monthly COE meetings (meetings are held every 3rd Thursday of the month), stipend position.

Elections: June 2024, June 2026, June 2028

Gudalupe Services:

The Guadalupe Senior Services also provides case management services where seniors receive advocacy, information, and referrals, and limited transportation and escorts to appointments.

Senior events are also held at the Itom Hiapsi Building.

LIOGUE SENIOR CENTER DIRECTORY

ADMINISTRATION

Main Switchboard

Chayanne Molina-Administrative	
Support Services Asst.	(520) 879-5530
Maria Paisano, MSW - Director	(520) 879-5546
Rebecca Matuz - Program Manager	(520) 879-5539
Gloria M. Coronado - Program	
Specialist	(520) 879-5535
Isadora Estrella - Administrative	
Support Specialist	(520) 879-5582
Vacant - Data Specialist	(520) 879-5531
Carol Coronado- Activity Planner	(520) 879-5545
Gloria Matuz - Adult Daycare Aide	(520) 879-5545

SOCIAL WORKERS UNIT

Alycia Gomez - Supervisor	
Social Worker III	(520) 879-5633
Cecilia Valencia - Social Worker II	(520) 879-5534
Michelle Manuel- Social Worker II	(520) 879-5544
Ana Amacio - Social Worker I	(520) 879-5543
Jennifer Pereda - Social Worker 1	(520) 879-5549
Luis Yucupicio - Social Worker 1	(520) 879-5552
Amanda Garcia - Social Worker 1	(520) 879-5548
Victor Campoy - Social Worker 1	(520) 879-5554
Maria Duttle - Social Worker Assistant	(520) 879-5534

GUADALUPE SOCIAL WORKERS UNIT

Alma Valenzuela - Supervisor	
Social Worker III	(480) 768-2045
Marissa McMullin - Social Worker I	(480) 768-2041
Angelina Valencia - Social Worker I	(480) 768-2035

OMBUDSMAN

Vacant Ombudsman/Social Worker	(520) 879-5542
INVENTORY UNIT Robert Lujan - Inventory Clerk Alexander Barajas- Inventory Clerk	(520) 879-5530 (520) 879-5581
COMMUNITY HEALTH REPRESENTA Albert Garcia - CHR/EMT	FIVE (520) 879-5531
PHYSICAL ACTIVITIES Nancy Duran - Exercise Specialist	(520) 879-5541
KITCHEN STAFF David Dominguez - Kitchen Supervisor Latasha Rivas-Lujan - Cook 1 Rey Arreola - Assistant Cook Kristina Orduno - Prep Cook Sophia Armstrong - Prep Cook Javier Alvarez - Prep Cook Irma Acuna - Meal Service Assistant Alex Alvarez - Dishwasher Mario Rodriguez-Dishwasher/Porter Fabian Buitimea- Dishwasher	(520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529 (520) 879-5529
TRANSPORTATION UNIT Juan Garcia - Safety & Transportation Supervisor Dora Molina - Driver II Ernesto Camacho - Driver II Jose Romero - Driver II Magdalena Noriega - Driver I Mario Durazo - Driver I	(520) 879-5563 (520) 879-5563 (520) 879-5563 (520) 879-5563 (520) 879-5563 (520) 879-5563

GROUNDSKEEPER

Pedro Rodriguez - Groundskeeper (520) 879-5530

SENIOR APARTMENT/COMPLEX MAINTENANCE

VACANT - Senior Complex Main

(520) 879-5796

In an Emergency, dial 911 and ask for the Pascua Yaqui Police Department

Complaint Process

All formal complaints on services or personnel should follow the chain of command; the complaint should first be addressed to the Unit Supervisor (each program has an assigned supervisor). If the complaint is not resolved satisfactorily, it should be addressed to the Program Manager and then the Department Director

TRIBAL COUNCIL OVERSIGHT TERM 2024-2028

OVERSEES THE DEPARTMENT OF SENIOR SERVICES

Tribal Council Oversight Co-Chair - Irene Sanchez Phone: (520) 883-5015

Tribal Council Oversight Co-Chair - Jose Enrique Saldaña Phone: (520) 883-5005

Tribal Council Oversight Member - Andrea Gonzales Phone: (520) 879-5126

Tribal Council Oversight Member - Rolando Flores Phone: (520) 883-5024

Tribal Council Oversight Member - Francisco Muñoz Phone: (520) 883-5028

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Federal & Tribal Holidays

Tribal Offices will be closed for the following Holidays:

Federal Holidays

New Year's Day Martin Luther King Day President's Day Memorial Day Juneteenth Day Independence Day Labor Day Veteran's Day Thanksgiving Day Christmas Day

<u> Tribal Holidays</u>

Holy Thursday Good Friday Día de Dar Gracias Tribal Recognition Day All Soul's Day Extended Thanksgiving Day



Pascua Yaquí Tríbe Líogue Seníor Center