January 2025 Activities Calendar				
Liogue Senior Center 7601 S. Camino Benem Tucson, AZ 85757 Phone: 520-879-5530				
Monday	Tuesday	Wednesday	Thursday	Friday
		2025 *HAPPY NEWYEAR	Exercise 10am-11am Chair Volleyball Arts/Crafts Calendar making	3 BINGO 10 18 40 53 74 3 23 37 55 70 15 24
6 Dr. Gonzales-Therapist 9:30-12	7 Exercise 10am-11am Chair Volleyball	Podiatry 9:30-llam Presentation: 10am-11	9 Exercise 10am-11am Chair Volleyball	10
Exercise 10am-11am <u>Arts/Crafts</u> Calendar making	Arts/Crafts Calendar making	Language/Cultural	Art/Crafts Calendar making	
13	14	15	16	17
Dr. Gonzales-Therapist 9:30-12 Exercise 10am-11am Arts/Crafts Calendar making	Exercise 10am-11am Chair Volleyball Arts/Crafts Calendar making	Diabetes Wellness Check 9:30-llam <u>Presentation: 10am-11</u> Casa De La Luz Information session	C.O.E. Meeting-10am	10 18 40 53 74 3 23 37 55 70 15 24 51 62 5 30 43 54 65 1 28 33 58 67
MARTIN LUTHER KING DAY	Exercise 10am-11am Chair Volleyball Arts/Crafts Calendar making	Podiatry 9:30-llam Presentation: 10am-11 Language/Cultural	Exercise 10am-11am Chair Volleyball Arts/Crafts Calendar making	24
CLOSED				
Dr. Conzeles Therepist 0:30	28 Evereice 10em 11em	29 Diabetes Wellness Check	30 Evereice 10cm 11cm	31
Dr. Gonzales-Therapist 9:30- 12 Exercise 10am-11am Arts/Crafts Calendar making	Exercise 10am-11am Arts/Crafts Calendar making	9:30-llam Presentation: 10am-11 Alzheimer's information	Exercise 10am-11am <u>Arts/Crafts</u> <u>Calendar making</u>	10 18 40 53 74 3 23 37 55 70 15 24 7 51 62 5 30 43 54 65 1 28 33 58 67